



KIWANIS CLUB OF NEW DELHI

- Artificial Limb Centre
- Physiotherapy Cum Pain Clinic
- Cerebral Palsy Centre
- Health & Education
- Women Empowerment & Skill Development

NEWSLETTER
2021
3rd EDITION

Activities Report
FY 2019-20 & FY 2020-21

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KIWANIS CLUB OF NEW DELHI

From the President's Desk



Dear All,

Congratulations!

You will be excited to know that our Naoshera Project Report is now ready with a beautiful narration of our activities in the Army Camps of Naoshera, Bimber Gali, Poonch and Rajouri.



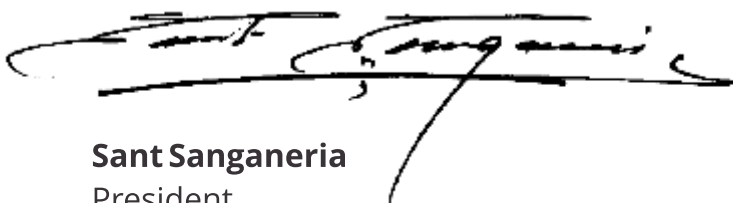
I am proud of the fact that today Kiwanis Club is a well-recognized name in the Army Camps especially near LoC, as we are gradually spreading our wings to cover almost all the Camps in J&K, so that our activities can be recognized by our Government as well.

To pursue our goals and make this dream into reality, we have to arrange more and more limb fitment camps in various parts of our country and simultaneously we need to send our technicians as well to those places where we have already conducted our camps, on a quarterly basis, as a regular follow-up action.

On this occasion, I congratulate all those Kiwanians and Staffs who had contributed to make these camps a great success and a very special thanks to all those Army Officials who have facilitated these camps and supported us with their knowledge and access to the territories.

I wish you all the very best and as president of Kiwanis, always stand ready to help in any ways, as I can.

Warm Regards,



Sant Sangneria
President

Kiwanis Club of New Delhi (KCND) is a non-profit charitable organization based in New Delhi to provide artificial limbs free of cost to the needy who had given up the hope of leading healthy lives. Founded in 1978 with Shri Dharma Vira, ICS as President and its founder members included Shri L P Gupta, Dr. Charat Ram, Dr. K K Modi and Dr. Bhai Mohan Singh amongst others. Shri Raj Kumar Jajodia has been the prime mover of the Kiwanis movement in India and it was on his initiative that the Club was formed and the Charter Certificate Presented the Club by the then President of Kiwanis International.

The “Kiwani Bhawan” which houses the Kiwanis Club of New Delhi was constructed during the tenure of Sh. Dharma Vira President, at B-35, Qutub Institutional Area, New Delhi-110 016. A 6 storey building was constructed in 1993. The fund was raised by garnering donations from its members. Shri .SN.P. Punj, Dr. K.K. Modi and Shri R.C. Burman came forward with very generous contribution of Rs. 25 lakhs each.



Inauguration of the Artificial Limbs centre by the Hon'ble President KR Narayanan

Kiwani Bhawan was inaugurated by the then President of India, Hon'ble Shri K.R. Narayanan on 23rd December 2000.

KCND started its charitable work by adopting a backward village called Meoka in Gurgaon district, with an aim of improving the quality of life of its residents.

Initially, the idea was to house only the Artificial Limbs Centre (ALC), but as the resource position and the admin-ability became apparent, several facilities were added.

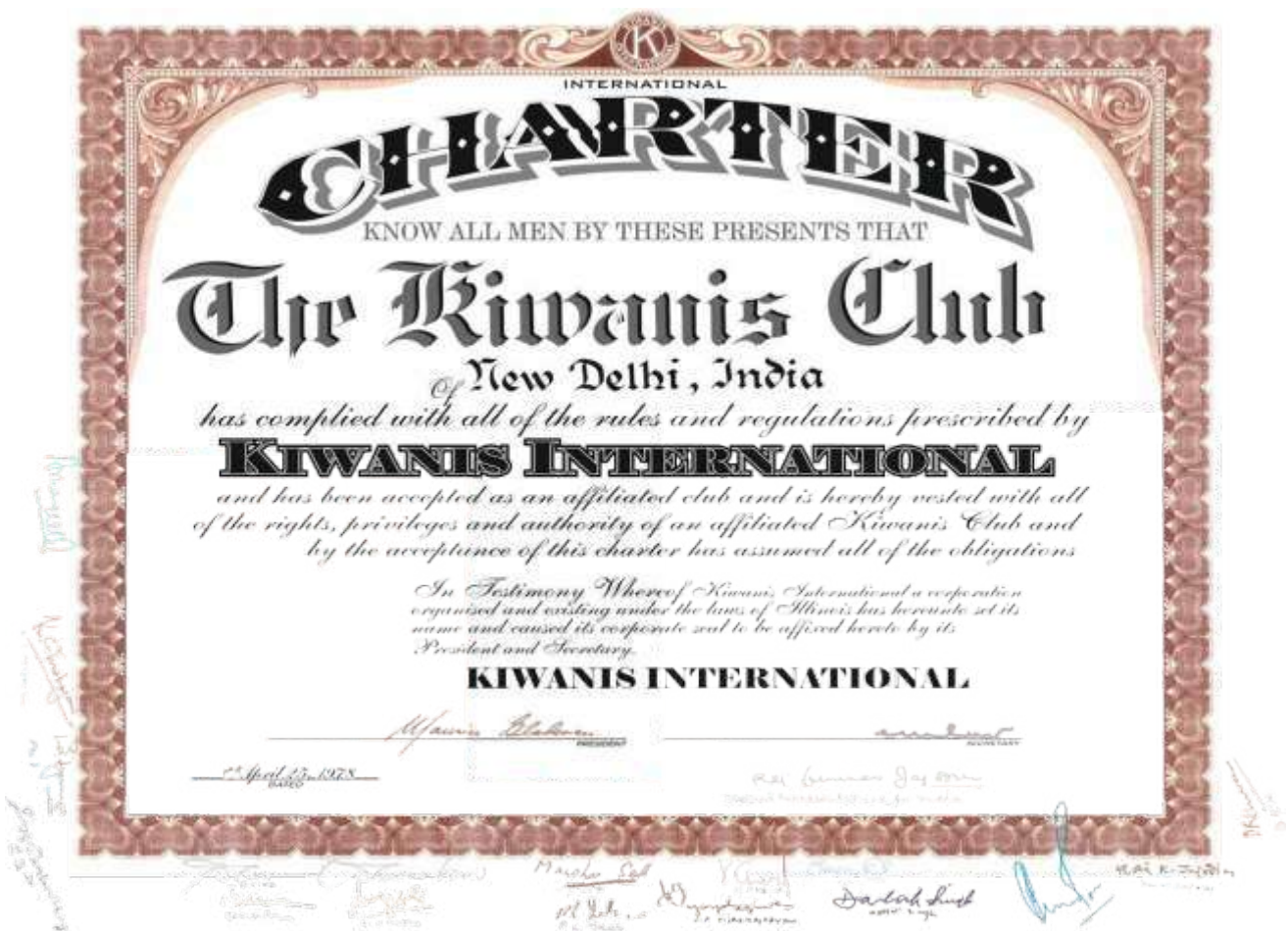
The Club always encouraged diversification and as a first step, a ladies club in the name of Kiwanis Club of New Delhi (L) was established. Then, Physiotherapy Cum Pain Clinic was set up and thereafter Cerebral Palsy Centre (CPC) was added. The Club has been active in upgrading the current portfolio of services which it offers free of cost and now it's looking for uplifting it to a State-of-the-Art Institution.

KCND was chartered as an affiliated club of Kiwanis International, USA on 4th August 1978 and the Charter Certificate was presented to the Club by the then President of Kiwanis International.

Kiwanis International, which is the Parent Body of KCND, is a global community of club members and partners dedicated to improving the lives of children one community at a time. It is one of the first service clubs established in the United States and is regarded as

one of “the big three” service clubs. Kiwanis along with the International Association of Lions Clubs and Rotary International make up 90 percent of the total service club memberships. Kiwanis enables the community to actively and easily participate in civic service events and volunteering while engaging with others on a global scale. Because the clubs are mostly comprised of business personnel, Kiwanis encourages networking while also strengthening the communities where the businesses are located. Currently 550,000 Kiwanians in more than 80 countries hosting nearly 150,000 service projects each year. Kiwanis is especially active in the community and local efforts in identifying and catering to important needs. Kiwanis members devote more than 19 millions hours of service and raise almost \$100 million every year for their communities. Kiwanis International has provided community services such as building all-access playgrounds, creating food pantries, hosting diversity fairs and many more.

It is headquartered in Indianapolis, Indiana, United States and is comprised of different types of clubs to meet the needs of a diverse world. These Club types were created to attract potential members who share common lifestyles and to offer service opportunities to more people. A few examples are Classic Kiwanis Club, Internet-based Club, Young Professionals Club etc.





Lt. Shri Raj Kumar Jajodia
Founder - Kiwanis Club of New Delhi

PAST PRESIDENTS



Lt. Shri Dharam Vira
1st President - (1978-1998)



Lt. Shri Charat Ram
2nd President - (1998-1999)



Lt. Shri L.P. Gupta
3rd President- (1999-2001)



Lt. Air Chief Marshal O. P. Mehra
4th President - (2001-2013)



Lt. Shri SNP Punj
5th President - (2013-2017)



Dr. Satguru Saran Bajjal
6th President - (2017-2019)



Mr. Sant K. Sanganerla
President



Dr. S.S. Baijal
Past President



Mr. P.K. Ranade
Vice President



Mr. Kuldip Mehta
Treasurer



Mr. Ajai Malhotra
Secretary General



Mr. Atul Punj
Permanent Member & Director



Mr. V.K. Seth
Director



Mrs. Anuradha Goel
Director



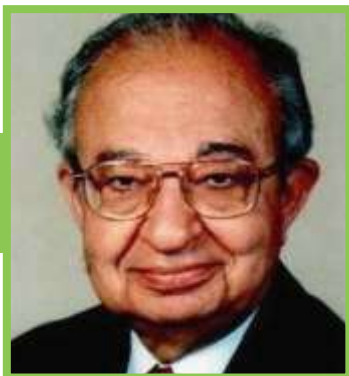
Mr. P.S. Bami
Director



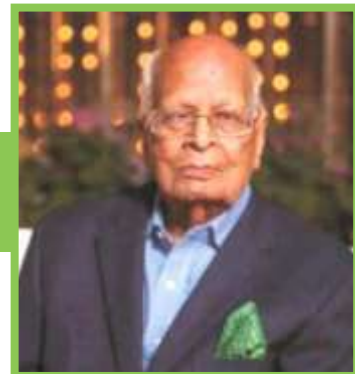
Mr. K.L. Chugh
Director



Mr. Ravish Chopra
Director



Shri D V Kapoor
Member since 1989



Lt. Shri P L Jhunjhunwala
Member since 1987



Lt. Dr. Sandip Mukherjee
Member since 1992



Administration, Finance & Fund Raising Committee

❖ Mr. P.S. Bami	Chairman	psbami@gmail.com
❖ Mr. Kuldip Mehta	Treasurer	gugloo48@yahoo.com
❖ Mr. P.K. Ranade	Vice President	pranade@pkrgrgroup.in
❖ Mr. Ravish Chopra	Director	choprar@hotmail.com
❖ Mrs. Anuradha Goel	Director- CSR	antoogoel@gmail.com

Medical Committee

❖ Mr. V.K. Seth	Chairman	drsuresh11@yahoo.com
❖ Mr. Kuldip Mehta	Director Technical 3D	vkseth@sakataindia.com
❖ Mr. Arun Jain	Treasurer	gugloo48@yahoo.com
❖ Mr. Ajai Malhotra	Member	arunjain@vsicl.com
❖ Dr. (Prof) P.K. Dave	Secretary General	ajaimalhotra@gmail.com
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❖ Mr. Kuldip Mehta	Treasurer	gugloo48@yahoo.com
❖ Mr. V.K. Bansal	Member	vmbansaldda@yahoo.in
❖ Mr. Atul Punj	Member	

Prosthetic Limb 3D Support

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❖ Mr. Kuldip Mehta	Treasurer	gugloo48@yahoo.com
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❖ Mr. Ravish Chopra	Director	choprar@hotmail.com

Socio Economic Committee

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❖ Mr. S.K. Sanganeria	President	santsanganeria@gmail.com
❖ Mr. Atul Punj	Permanent Member & Director	atul@punj.in
❖ Mr. Ravish Chopra	Director	choprar@hotmail.com

- To provide Community Service primarily for the under privileged, down trodden and needy individuals who are physically/mentally impaired.
- To keep abreast of the developments taking place in the welfare activities of the poor and introducing such developments into our working that fit in with the charter of providing all services “FREE”.
- To treat the users of our services with respect and offer a pleasing and courteous environment.
- To provide services to everyone who approach us without any prejudice of caste, colour and creed.
- To be ethical in all transactions / dealing with all individuals and organizations that interact professionally with us.



Our **vision** is to create a better everyday life for all those who consult us and thereby create a positive impact on communities around us.





Ms. Shweta Shahi

Administrative Officer
Honorary Member- KCND
Nation Representative- Kiwanis India



CA Virender Goel

Finance Head & Taxation



Adv. Sumit Singh Gehlot

Legal Advisor



Dr. BK Dhaon

Sr. Orthopedician



Dr. Abha Gupta

Gen. Physician



Mr. Raj Kumar Gupta

Sr. Accountant



Ms. Reena Chand

Account Executive

HAPPINESS DOESN'T RESULT FROM WHAT WE GET, BUT FROM WHAT WE GIVE....!!

In times of crisis, the differently abled and special children are always the most vulnerable. That's when Kiwanis matters most — because members like you rise to meet their needs.

The health challenges that confront the differently abled and special children right now are staggering, but support of Kiwanis Club of New help Kiwanians make a difference around us. We are really grateful to have support of its distinguished Members.

The Coronavirus pandemic locked the entire world indoors for a while. Yet, once the COVID 19 is eased, it won't be work as usual. We all need to adopt to the 'new normal' to combat and move on from the extending impact of COVID-19.

While the country steps out of the lockdown gradually, people cannot afford to forget that business -as-usual can continue only with all the regulated safety arrangements around sanitation and social distancing in place. We already know that life won't suddenly return to normal once this period ends, Our behaviours and instincts have changed somehow and this will be the

'new normal' with which we will have to live hereafter. There will be a drastic shift in our daily life-in the way people socialize, work, travel etc. We would need to continue being careful and take care of our health.

We, at Kiwanis have tried to convert adversity into opportunity because we believe in a core set of principles that guide us in how we run our organization every day. We are proud to be the part of global community service providing organization which works for needy people all over the world.

A cluster of several light blue squares of varying sizes, arranged in a stepped pattern.

**YOUR SUPPORT
MAKES A
DIFFERENCE**

ARTIFICIAL LIMB CENTRE (ALC)

Artificial Limb Centre in Kiwanis first started its project in Delhi in 1999. It was set up with the primary objective of providing mobility aids e.g. Prosthesis, Orthosis appliances and Polio Callipers to the differently-abled.

The main aim is to provide high quality and comfortable artificial limbs tailored to the individual need of every patient, free. For technical support the club entered in a collaboration with Artificial Limbs Manufacturing Corporation of India (ALIMCO), Kanpur, which was appointed as our consultant for providing inputs pertaining to technology and manufacturing and now it's collaborated with Voice of Differently Abled (VODA) USA.

The Kiwanis Club of New Delhi has been



engaged in its core activity of providing artificial limbs to physically challenged individuals. On an average, the Centre provides artificial limbs to over 200 patients per month, thus helping them to regain mobility and self-reliance. The Kiwanis Club has also set up satellite artificial limbs centres at Gurgaon in collaboration with Chikitsa Dispensary. Till date, it has provided approximately 35883 free limbs, other aids and appliances.

ALC TEAM



Mr. Rahul Bansal
P&O

"I'm working in Kiwanis since November 2008. I learned a lot from Kiwanis like dealing with patients, management part, camps organization etc."

"I'm working here from April 2018. My work experience at Kiwanis has taught me so much, from learning how to deal with patients to management part at ALC."



Ms. Monika Sharma
P&O



Mr. C. Shanmugam
Field Coordinator cum ALC
Store In charge

"I'm working in Kiwanis since July 2008. It's a great experience working at Kiwanis with disability."

Kiwanis, Cerebral Palsy Centre, established at Kiwanis Bhawan, provides care and treatment for individuals affected by Cerebral Palsy (CP). It is a non-progressive neurological disorder which affects movements, speech, posture and other basic functions. CP is caused by brain and nervous system damage, sustained before birth, during labour or shortly after childbirth. Depending upon the area, and the extent of the damage, symptoms may include spasms, ticks, gait abnormalities, seizures and poor muscle tone. Eyesight, hearing, speech and intellect may also be affected. Most of the causes of CP do not have specific curative treatments. However, children suffering from CP present many medical problems that can be treated/prevented. The initial stage of treatment involves examination by an interdisciplinary team of doctors e.g. Paediatrician, Neurologist, Psychologist,

Orthopaedic Surgeon, Speech Therapist, and Occupational Therapist. Presently the CP Centre at Kiwanis Bhawan attends to an average of 300 cases per month. It is not possible to cover all these specialties at Kiwanis Bhawan. We have at present Gen. Physician, Occupational Therapist, Physiotherapist, Speech therapist etc. at our centre. However, we have made arrangements for our CP patients to be examined by the required specialists at other hospitals/centres. The Kiwanis Club also provides training to parents/care takers who are made to understand and treat the specific requirements of their wards.



CP CENTER TEAM



Dr. Abha Gupta
Gen. Physician

"I am here from past June 2009. My responsibilities are serving patients' needs & fulfilling them. Disability to ability towards my goal I have learned many things also it's my pleasure working here."

"I started working at Kiwanis from March 2020. It's been a year since I've working & my journey and experience here is good. Kiwanis is well organised and I appreciate the upgrade experience from 2020-2021."



Mr. Bilal Ahmad
Occupational Therapist



Mr. Vinay Kumar
Speech Therapist

"I'm working with Kiwanis since July 2016. I feel immense pleasure to say that it's a great opportunity for me to work on a platform of Kiwanis. Giving treatment to the differently abled patients give me internal satisfaction. Improvement in the patient is actual earning for me."



The Kiwanis Club of New Delhi is also running a Department of Physiotherapy to provide the required treatment. The Department of Physiotherapy was established on the occasion of the Silver Jubilee celebration of the Kiwanis Club of New Delhi in collaboration with Help Age India.

The Physiotherapy and Pain Clinic was inaugurated by Smt Sheila Dixit, Hon'ble Chief Minister of Delhi on 30th September 2003.

The Pain cum Physiotherapy clinic provides treatment to patients suffering from "Musculoskeletal" disorders like back pain, cervical pain, joints pain, spondylitis, arthritis, frozen shoulder, tennis elbow etc. and gait training for amputees as well as hemiplegics arising out of stroke.



Dr. Abhishek Shukla
Physiotherapist

"I'm working here from March 2020. My experience is good, when I treat my patients and after some time patients say that their pain is decreased and they feel pain free, that time I feel good and confident about my work. I try my best to all patients related to treatment."



Mrs. Priyanka Hansa
Physiotherapist

"It's a matter of honour to say some words to the head of that institution who has really generated a feeling of pride among myself and hence I can say that you are my Godfather, because being a mother of two girl child you have created a vision among me that how a woman can be empowered."

A Temple of service for special need children like Autism and Cerebral Palsy.

Cerebral Palsy (CP) is a group of neurological disorders that appear in infancy or early childhood and permanently affect body movement and muscle coordination, whereas children with Autism show developmental differences when they are infants—especially in their social and language skills.

It is very vexatious for the parents of a child, who cannot either sit-up, walk, talk, or even make an eye contact, due to these disorders. With an incidence of 3 per 1000 live births, it is a huge burden of challenge and responsibility on the medical system, the family and the society.



Dr. Abha Gupta
Gen. Physician

Level of advancement of a society is judged by its resources and capacity to take care of people with different abilities and special needs for their physical, social, emotional and educational development.

Dr Professor Hemlata Sehgal, ex-director of Kalawati Saran Children Hospital, the paediatric wing of Lady Harding Medical College[Delhi] is a renowned Paediatric Neurologist, who knew the problem of Cerebral Palsy too well. After her retirement, instead of pursuing a lucrative practice option she, like an angel, decided to devote her time and experience to the cause of children with Cerebral Palsy.

If she had a vision, Kiwanis International had the resources to create and develop a platform for this cause, as a free service. It required a good human resourcing to hire like-minded people who were interested to work with a common goal. I was lucky to have been a patient of Dr Hemlata Sehgal for my childhood stroke at the age of 14 years that left me with right side spastic hemiparesis and aphasia. Long sessions of physiotherapy, speech and occupational therapy helped me to recover considerably and I was able to do my medical graduation. Dr. Hemlata Sehgal had a long plan for me, when she inducted me in her team at Kiwanis in 2009 as she was confident of my perseverance, patience and optimism, without which we cannot take care of the chronic disability. She taught and trained me in the examination and rehabilitation plan of the cases of cerebral palsy in an honest and sincere manner.

The main stay of management of cerebral palsy cases is regular physiotherapy, speech therapy and timely introduction of occupational therapy. Children requiring braces and assistive devices are supplied from the in-house facility of prosthesis and artificial limb centre.

New facilities of sensory integration and visual stimulated tasks and games were introduced by X box, during my time in 2017.

When our new president, Shri Sant Sanganageria took over the reins of Kiwanis International, the ambience and amenities in the department have improved, and there has been a notable increase in the OPD patients. The cohesive team work has improved and patients are happy and satisfied with the services. The management took all the necessary precautions during the Covid pandemic, and we could provide all the services during this time. We encouraged teleconsultations and monitored Physio and occupational therapy online.

I am grateful to the President for having confidence in me to designate as Consultant and Head of Cerebral Palsy Unit.

We work with the aim and objective of offering our service as “Disability to Ability”. Serving the CP cases at Kiwanis International is my worship to God, and that makes Kiwanis International, a true Temple of charitable service.

MOHD MATEEN KHAN- 24 years old MdMateen Khan is an electrician by profession. To feed a huge family of 10 members, Mateen had to start working at the tender age of 16 itself. When he turned 20, he got electrocuted and lost his left leg and right hand. He was doing well for himself however, now all the flying color vanished from his life. For him it became a great challenge to even meet the day-to-day requirements.

However, he was referred to Kiwanis by one of his relatives. Our experience P&O and Technical team prepared artificial limbs for Mateen and gait training also provided to him. Today, Mateen feels extremely comfortable in walking and doing daily chores with the help of his prosthetic limbs. He conveys his best wishes to Kiwanis.



RAJU - Some time you have to live your life not for yourself but for your family says Raju (42 years) the father of two young children who lost his legs in august 2019. Earlier he had lost all hope and was unable to cope with this challenge in life he was failing to meet the basic needs of survival and sinking in to trauma day upon day. With luck soon got referred to kiwanis artificial limbs for absolutely free of cost.

Now he is living a dignified life by ironing cloths earning a live hood, and giving education to his children.

ANGEL - Angel, a 3 year girl was born with congenital absence of both her legs. She is living in Chattarpur, Delhi along with her parents and one sister. Her parents are very humbly educated. The father works as a steward in a small hotel but, unfortunately he had to lose his job due to Corona. Now, the whole family is dependent on Angel's pension which is INR 2500 per month. Kiwanis, a great organization has extended a powerful helping hand to Angel and her family. Our expert P&O team has given her gait training with the help of which she is now able to walk on her own. A ray of pleasant smile on Angel's face motivates our team to keep striving for the benefit of mankind.





Bunty - 35 year amputee patient from Mathura was a labour by profession. Unfortunately he lost his both leg below knee when he met with train accident in 2003. A life is taken a turn like from all the roads are blocked to move forward. Huge family of 7 member including him survival of life becomes a big question for him. Suddenly a ray of hope comes from the dark tunnel for him when he got a reference of Kiwanis from one of his friend he came here and feel very pleased to see the behaviour of Kiwanis team who gave him a very prompt service of

prosthesis and gait training without any cost. As a result again he is able to stand on his foot n start doing a stitching work on one of the tailor shop n able to earn 300/- per day. Life becomes little bit easy for him. We hope later or sooner he will be able to give a bright future to his family.

ASAMANTH - Asamanth is a 12 year old child who was born with blindness and spastic CP with no speech. Unfortunately, at the age of 5 years, more misfortune was awaiting him as his mother left him to suffer but took her younger sister who was born normal along with her. However, Asamanth's father who is a lawyer never gave up. Asamanth is still very precious to him. So, he continued working hard to give him a better chance at life. Kiwanis OT/PT/Speech team assisted Asamanth with regular exercises. As a result, Asamanth's muscle spasticity has reduced/drooling stopped. He is relatively more flexible and cooperates wonderfully with our therapists during the session which earlier used to give him anxiety. Furthermore, Asamanth is now able to sit and walk with minimal support and enjoys listening to music in our sensory room. We all know that the absence of a mother is as it is a curse and it's even more critical when the child is especially abled. However, Asamanth and his father beating the challenges away one day at a time. Although, the progress in this child is relatively slow but, we hope that the helping hand that Kiwanis has extended towards this beautiful child will be able to work out to some extent. We at Kiwanis always try our best to work in this direction. This is our vision and mission and we will live by it until the end of days.



"Jai Mehta, a 3 years old boy with CTEV, attracted everybody's attention with his sweet smile, as soon as he visited Kiwanis. However, his physical condition was a great challenge for our entire team. He was physically very weak as Tracheotomy — A surgical procedure in which a cut is made into the skin of the throat and then into the windpipe i.e. trachea — was performed at him, while at his birth. He is unable to sit and stand, but with the continuous efforts of our team he is now able to crawl and stand with support. Jai's parents travel from Gurgaon to Delhi on a regular basis, as he is showing signs of improvement. We at Kiwanis wish for Jai's speedy recovery."



(Mr Sudhir Upadhyay, Pihu's father, Arun Nagar, Delhi) "We have been part of Kiwanis for the last about eight years and come here for therapy of our daughter Pihu. She has benefited greatly from the therapy in Kiwanis and her balance has been much better than before. Earlier she could not even sit but now she is able to take all her classes alone in school. We also get therapy accessories like AFO, standing frame free of cost from Kiwanis, which help a lot. The staff here is very friendly and understanding."

(Mr Amit Gupta) : "I'm Amit Gupta got my prosthetic foot from Kiwanis in double quick time. I found quite praiseworthy is the attention given to every attendee and Staff is quite humble and sincere. Prosthetics and the allied personnel attend the patients in a very personalized manner, as per the patient's specific problems, they also help with the preparatory gait and assist in dealing with problems that occur initially to the amputee work ethics are as per or we say even better than the private centres. Measurement and alignment are perfect and also the material used socket is quite sturdy and in skin colour, which helps it in blending with your body. Also I have tried lifting the weight and found no problem in carrying and walking. I can not only briskly but run as well."



(Mrs Kanti Sagar) : "I found everything perfect here like cooperative staff, best service provided by Mr Rahul and Ms Monica and of course AFO provided absolutely free of cost. I'm really impressed with Kiwanis selfless services and wants to convey my best wishes and regards."



PROGRAMMES / ACTIVITIES- 2019-20 & 2020-21 Action for COVID-19

KCND has actively played their role during this pandemic of Covid-19 on variegated way and it has continued their social responsibilities towards underprivileged and downtrodden. Some key works and facilities are as follows-

1. Food & Essential Item Distribution –KCND reached out to the people who affected by the COVID- 19 (daily wagers, rickshaw pullers, migrant workers etc.)

and distributed those Food & Essential items with the help of Delhi Police. We have helped more than 2000 families through this project.



2. Making & Distribution – Face Shield & Face Mask- KCND has tried to make safe & secure workplace form Coronavirus by taking all percussions according to the Ministry of Health and Family Welfare, GOI. We have made Face Shield and Face Mask with the help of Kiwanis Club of New Delhi (Ladies) for our patients/visitors and employees and also distributing to Delhi's Corona Warriors and needy people around us.





3. Donation – PM CARES Fund- KCND donated ₹ 5 lakh to PM's Citizen Assistance and Relief in Emergency Situation Fund (PM CARES). Donated for collective fight against the coronavirus (COVID-19) pandemic and to provide relief to the affected People in India.



4. Emergency Support for appliances repairing & CP Centre- During the lockdown period KCND emergency supported to the patients those who

required to repairing their appliances/ necessary treatment to the CP patients by counselling & support to our patients online.

5. Webinars- KCND Participated in webinars and connect with our patients especially for CP (Cerebral Palsy) Kids, based on behaviour management, enhance learning Power, Physical & Mental health issues etc.

6. Free testing of covid-19 for all employees/visitors/patients-

Since March 2020, we have regularly in touch with hospitals and tried to provide free COVID-19 testing for all employees and needy people.

7. Awareness Programme on COVID 19- An awareness Programme on COVID -19 was organized at Kiwanis Club of New Delhi by eminent keynote speaker Dr. Shelly Sharma (Oncoradiologist at Gangaram Hospital, New Delhi) on 17th December, 2020. All employees of KCND / visitors / patients have participated in awareness programme.





Corona virus disease (COVID-19) is an infectious disease caused by a newly discovered corona virus. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness. The best way to prevent and slow down transmission is to be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands, wearing face mask or using an alcohol based rub frequently and not touching your face. The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example, by sneezing into a flexed elbow) and wear face mask. Dr. Shelly have discussed and answered all queries of attendees.

8. Protective measures- KCND insure protective measures to COVID-19 virus for their employees/patients/visitors e.g. proper scanning, hand sanitizing, cleaning, social distance maintenance etc.





9. Mind Mapping Session for CP Kids and other needy patients- When India faced another challenging year due to COVID-10 second wave, Kiwanis medical team took initiative to help the patients who needs day to day care and attention. They have scheduled ZOOM Meeting with patient's family members and guided them to do the possible and miner exercises at home. Many needy people have joined the session to get professionals advice to treat their child at home. This programme is still continue to support needy people.

10. Vaccination Drive- India's biggest Covid-19 vaccination drive took another step after it began inoculation of Healthcare and frontline workers across the nation. Healthcare employees include medical and paramedical workers, as well as supporting, security and administrative staff of all allopathic, dental, AYUSH, physiotherapy clinics, diagnostic labs, radiology centres and other healthcare settings. Front-line

workers include officials of the Delhi Jal Board, Electricity Department, and teachers who have worked during the pandemic and others.

All Kiwanis' health care workers got COVID 19 vaccine on 4th March 2021 at Institute of Liver and Biliary Science- New Delhi. We are now supporting to people to get vaccinated. We have helped more than 200 people to get vaccinated till now.



JOINT VENTURE Between KIWANIS CLUB OF NEW DELHI And THE INDIAN ARMY, J & K Operation Sadbhawana

Artificial Limbs Measurement & Fitment Camp

NAOSHERA, J&K

NAOSHERA, J&K- KCND organized an Artificial Limbs camp on 6th February 2021 on the occasion of The Naoshera Day. The event was organized by the Indian Army. Ms. Shweta Shahi and Mr. Naveen Chopra participated as Kiwanis representatives along with the Kiwanis ALC team members. The camp was attended by 58 patients. KCND has provided Prosthesis & Orthosis-25, blind sticks-5, axillary crutches-13, walking sticks-15 etc. The "Sanganeria Foundation for Health & Education" sponsored 15 wheelchairs for differently abled people.

Overall, it was a most successful event. The media persons were also there to cover this story.



RAJOURI

RAJOURI - KCND organized an Artificial Limbs Fitment and Measurement Camp in Rajouri (J&K) and Poonch Brigade (J&K) for their survivors during Pakistan's shelling and mine blasts along the Line of Control with support of Indian Army. It was all the more vital to hold the camp because of its proximity to the line of control and lack of accessibility to hospitals. KCND team,

had the measurements of 51 specially-abled people in Rajouri on 22th March, 2021 taken free of cost. Beneficiaries had come from different villages of Rajouri. KCND wanted to provide prosthetics and orthosis to the needy in a phased manner and wants to cover villages along the LOC that bore the maximum brunt of Pakistan's shelling in recent times.



POONCH-

POONCH- KCND organised an artificial limbs fitment and measurement camp on 23rd March, 2021 and had the measurements of 32 specially-abled people in Poonch (J&K), taken free of cost. Beneficiaries had come from different villages of Poonch. Artificial Limbs Camp drew a lot of praises and people expressed their sincere appreciation to the NGO and

Indian Army for taking up this project. KCND will organised fitment camp to provide prosthesis, orthosis and other mobility aids to the patients very soon.



Poonch Brigade organises artificial limbs fitment, measurement camp



The camp taking an old aged person to the camp at Poonch.

■ STATE TIMES NEWS
POONCH: The damage caused by the army and civilians. Poonch Brigade along with Kiwanis Club, New Delhi (NGO) organised an Artificial Limbs Fitment Measurement Camp on Tuesday. The measurements were taken of 32 affected persons (17 male, 3 female & 2 children) who lost their limbs during CPEC/Chakama.



ACTION PLAN - 2019-20

Districts	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Naushera	MOP	FOP			FOLLOW UP			FOLLOW UP			FOLLOW UP	
Rajouri			MOP	FOP			FOLLOW UP			FOLLOW UP		
Poonch			MOP		FOP			FOLLOW UP		MOP	FOP	
MOP- Measurement of Patients FOP- Fitment of Patients												

AADHAAR ENROLMENT CAMPS - FEBRUARY 03, 2021



At Karamveer Kiwanis, we are always dedicated to work for one or other social causes. To embody this vision, we organized a Aadhaar Enrolment Camp at Kiwanis Bhawan on Monday 1st February, 2021 at 10:00am to 03:00pm for physically challenged People. All these patients are already register with Kiwanis and being facilitated for their special needs such as physiotherapy / speech therapy /occupational therapy / artificial limbs etc. The basic objective of this camp was to enable the physically challenged patients to avail all facilities with regards to Aadhaar registration under one roof.

After striving to organize the camp for several days, we finally succeeded in setting it up on 1st February, 2021 for one day.

Total no of Registration - 53

The camp was inaugurated by our respected president Sh. Sant Kumar Sangneria. It began at 10.00 am with the



arrival of representatives from the HDFC Bank, Katwaria Sarai Branch at Kiwanis Bhawan. The camp went on from 10.00 am in the morning until 3.00 in the noon. Everyone in the camp including the representatives and the participants adhered to safety guidelines for the prevention of COVID-19. Proper scanning and sanitizing was done and people maintained social distance at the camp. Kiwanis provided masks and refreshments which included tea, coffee, and snacks to the patients as well as the Aadhaar Kendra representatives.

Staff from Kiwanis supported the Aadhaar Kendra team by managing the registration process, filling up registration forms, and managing the crowd.

All the patients felt extremely satisfied with the arrangements and people from the nearby locality also visited our camp for Aadhaar facility.

The camp was able to accommodate only 50 people due to COVID-19



restrictions. However the manager assured that they will set up the camp in near future also as early as possible. We will hustle to get closer to our vision in the coming future with our plans of organizing many other activities and setting up of eye check, blood donation, and many more camps.

challenged people. All these patients are already registered with Kiwanis and being facilitated for their special needs such as Physiotherapy /Speech Therapy / Occupational therapy/ Artificial Limbs etc.

The basic objective of this camp was to enable the physically challenged patients to avail all facilities with regards Aadhaar registration under one roof.



March 16th, 2021

In its endeavour to serve the community, Kiwanis Club of New Delhi has organized another 'Aadhaar Enrolment Camp' and 'Free Eye and Dental check-up Camp' [Supported by PHD Family Welfare Foundation] at Kiwanis Bhawan on Tuesday 16th March, 2021 at 10:00am to 03:00pm especially for its physically



Aadhaar Enrolment Camp:-

Total no of Registration	- 75
Total no of Beneficiaries	- 44
Applied for New Aadhaar Card	- 13
Aadhaar updation	- 31

FREE EYE AND DENTAL CHECK-UP Camp

In continuation of providing more social services to our differently abled patients Kiwanis Club of New Delhi organized and **‘Kiwanis Free Eye and Dental check-up Camp’** (Supported by Kiwanis Club of New Delhi Ladies) at Kiwanis Bhawan on Tuesday 16th March, 2021 at 10:00am to 03:00pm for physically challenged People. All these patients are already register with Kiwanis and being facilitated for their special needs such as p h y s i o t h e r a p y / s p e e c h therapy/occupational therapy/ artificial limbs etc.

After striving to organize the camp for several days, we finally succeeded in setting it up on 16th March, 2021 for one day.

Eye Check-up:-



Total no of Registration - 82

Dental Check-up:-

Total no of Registration - 38

The camp was inaugurated by our respected president Sh. Sant Kumar Sanganerla. It began at 10.00 am with



puja of Lord Ganesha followed by the ribbon cutting ceremony by our respected president and the arrival of representatives from the HDFC Bank, Katwaria Sarai Branch for aadhaar enrolment and a team of senior specialist/B.D.S/paramedical staff eye



and dental check-up at Kiwanis Bhawan. The camp went on from 10.00 am in the morning until 3.00 in the noon.



Everyone in the camp including the representatives and the participants adhered to safety guidelines for the prevention of COVID-19. Proper scanning and sanitizing was done and people maintained social distance at the camp. Kiwanis provided masks and refreshments which included tea, coffee, and snacks to the patients as well as the Aadhaar Kendra representatives. Staff from Kiwanis supported the Aadhaar Kendra team, Eye and dental team by managing the registration process, filling up registration forms, and managing the crowd. Tea/coffee/snacks and Lunch sponsored by Sh. Sant. Sanageria foundation

n. The above camps are one of the many free social events organized by KCND throughout the year. All the patients felt extremely satisfied with the arrangements and people from the nearby locality also visited our camp for aadhaar facility. We will hustle to get closer to our vision in the coming future with our plans of



organizing many other activities and setting up of blood donation, and many more camps.

Special Thanks to Ultra International Limited for the lunch sponsored to our camp beneficiaries. Approx. 200 people (including patients and other staff) had lunch. The food was great and also enjoyed by everyone.



ASPAC CONVENTION 2020

Event details- 45th Kiwanis ASPAC Convention 2020

Date of Event- From 5th March to 7th of March 2020

Location- Hyatt Regency, Kathmandu- Nepal

Number of persons attended- More than 250

Organized by- Kiwanis Club of Nepal & Kiwanis International (KI)



It was a great experience for KCND to be the part of 45th Kiwanis ASPAC convention 2020. It was a good platform to understand about Kiwanians and highly appreciated global projects which are creating an outstanding impact on child education, and other fields also and to create a connection with new groups and people.

Many groups of Kiwanians are working on KI signature project and being the part of the development of the children of the world. I (Ms. Shweta Shahi) had presented some static report of our annual growth and brief introduction about our club. All presented members of KI were happy to see the representative from India and they hoped for more involvement from our side. They had selected me on the election committee to their ASPAC board as a representative of India, which was a great honour. I had created many connections which we can be useful for achieving the goals of Kiwanis also to highlight our club on international platform.

It was great to know that Kiwanis Club of Nepal has shown their interest to work with us also for development of Kiwanis club in all over India.



WHAT PATIENTS ARE SAYING



**Mr Amiya K Jena, Principal, IDAS,
Army Headquarter,
Rajaji Marg, Delhi**

"KCND is a very highly professional & committed organization, providing very effective and focused services in physiotherapy to mention a few i.e. IFD, US and other modern therapies, manned by very competent physiotherapists, in addition to state of art infrastructure. They are also unique, in providing therapeutic counselling which helps in quick healing and recovery. I've been availing and undergoing highly professional and therapeutic physiotherapy and various exercises for last three months since February 2021 which healed my ankles, severely injured and timely recovery. My ankle have been now robust due to their focused physiotherapy & counselling. I'm highly indebted to Kiwanis."



**Dr. Avinash Chandra Joshi,
Director, ISTD,**

It gives me immense pleasure to inform you that I have been in close contact with Kiwanis international and was impressed by the selfless service being provided to the people, without any charges. The institute provides world-class infrastructure and facilities for the rehabilitation of lesser privileged people. The staff is courteous, polite and always forthcoming to help and serve the needy. The work culture and ethics indeed is of the highest order. Ms. Shweta whenever I have met her, I am impressed by her demeneur, positive attitude and willingness to be innovative and creative in pursuit of excellence.

HELPING HANDS-

I came across Kiwanis Club of New Delhi having its office in Qutab Institutional Area in the September 2019 when Ms Shweta Shahi its Administrative Officer contacted me in my office just one day before the organisation of 'Disability Camp'. The camp was being organised for issuing SDM I-cards, disability certificates, DTC bus passes, counselling services and for providing prosthetics such as artificial limbs, walking sticks, clutches etc. along with provision of government disability pension.



Rajeev Saksena
Dy Director Department
of Social Welfare

I, as District Welfare Officer (South) was declared Nodal officer of the department for organising the camp and hence was roping in different government departments and NGOs for participating in the event for aforesaid purposes. She contacted me just one day before organisation of the camp. She explained all about the functioning of Kiwanis Club of New Delhi and how they are providing free of cost prosthetics to the persons with disability. She also explained how Kiwanis' club is serving large number of cases with disabilities throughout Delhi and NCR for activities such as measurement of required limb support, which is followed by preparation, and attachment of limbs and follow up services to lead self-independent life by the disabled. Convinced by the explanation furnished by Ms Shweta it was decided that Kiwanis Club would participate in the event.

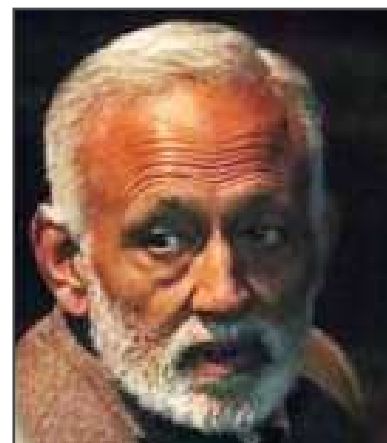
This requires special mention that Kiwanis' performance was amazing in this two day disability camp. The Hon'ble Minister Social Welfare Mr Rajendra Pal Gautam also witnessed the event and appreciated the efforts of Kiwanis Club for participating in the event and handling the persons with disability for prosthetic support. This also requires special mention that to the surprise of all the Kiwanis Club was roped in all future disability camps and other similar events as decided by the Department.

Kudos Ms Shweta Shahi for her leadership that Kiwanis Club has become a regular partner of social welfare department for disabled rehabilitation purposes.

Mr. Naveen Chopra

What is my experience in working in the J & K Boarder Regions with Kiwanis?

Is the question that has been put to me? It has been the most rewarding, humbling and a deeply Spiritual learning experience for me. Above all it is a great honour and privilege to be considered a part of – “TEAM KIWANIS “. All this would not have been possible without the dedicated support, commitment, discipline and genuine empathy of “THE INDIAN ARMY”.



Mr. Naveen Chopra

In giving, completely FREE of cost, artificial limbs, myriad support aids and wheelchairs, Kiwanis and through them our team receive in return multifold times more in sincere gratitude, appreciation and love from the desperate patients who have lost their precious limbs. They arrive in despair, despondent but with hope in their eyes for a better life and some of them have to sit the live long day in silent, patient expectation, as the numbers are so large. However on receiving their Kiwanis gifts there is an instant metamorphosis, of ecstatic joy at being able to stand again or be able to hold things. A feeling of close to normal, with bright smiles and sparking eyes of a brighter future, with gratitude written all over their faces – “THANK YOU KIWANIS”.

What else did I learn? Leadership Qualities. – On the job training, from the ever efficient Shweta, confident, firm but fair and deeply concerned for her team and the welfare and satisfaction of every patient. She is the epitome of a charming personality, calm, cool and with a magnetic smile. Public Relations professional, personified. Teamwork – Yes! That is what i watched and learnt from Rahul and his Super Technical boys – Prafful and Deepak. Their energy, dedication, precision in measurement and thereafter manufacturing to the minutest detail of perfection and finally fitment of patients, untiring like machines until the job is done. They work relentlessly, with tender loving care, answering multitude questions, encouraging and assuring, all with a smile to ensure complete satisfaction, in building an enduring relationship. Incredible! Seeing is believing.

In conclusion The MOP's and FOP's are a perfect lesson in Spiritualism by SWAMI **VIVEKANANDA**:- “The gist of all worship; is to be pure and do good to others. They who see God in the poor, the weak and the diseased, without thinking of their caste or creed or race or anything really worship God. ”

KIWANIS ASPAC eCONVENTION 2021



It was a great experience for KCND to be the part of 46th Kiwanis ASPAC eConvention 2021 via ZOOM APP.

Kiwanis Club of New Delhi (KCND) has been bestowed with the No.1 BEST SERVICE PROJECT Award, during the 46th Annual e-Convention of Kiwanis Asia Pacific held on May 28-29, 2021, at Kuala Lumpur, Malaysia.

1st time in history of Kiwanis, Kiwanis India has been recognised on an international platform for its exemplary services, especially for its signature project in Jammu & Kashmir, where we are providing Artificial Limbs and other Mobility Aids to the differently-abled people for free of cost. KCND provides its services to those civilians who are staying near the LOC (The Line of Control) with the support of the Indian Army.

It's been both inspirational and energising for all of us Kiwanians, as we all are collectively responsible for this great achievement. It clearly boosts our morale and confidence to do greater humanitarian service to the poor and down-trodden.

We congratulate all the Kiwanians, our Staffs and rest all others who have contributed immensely for the successful conceptualisation and implementation of this project. It is a complete Teamwork and therefore, the credit goes to all the partakers, who have worked tirelessly to make this project successful.

JOINT VENTURE BETWEEN KIWANIS CLUB OF NEW DELHI & DELHI SOCIAL WELFARE DEPARTMENT

DISABILITY CAMPS IN DELHI-

Since September 2019, KCND have participated in disability camps at Government hospitals with Delhi Social Welfare Department.

a. PANDIT MADAN MOHAN MALVIYA HOSPITAL- Mr Rahul Bansal (P&O) visited at Pandit Madan Mohan Malviya Hospital on 23rd February 2020 and meet with Dr Arpan (Orthopedics) and Dr Jasmit Gulati (Sr Physiotherapist) they had no idea about such services provided absolutely free of cost in Kiwanis .KCND organised there two days medical camp. They are very happy to know about our efforts and gave assurance to send needy patients.

b. LOK NAYAK HOSPITAL- KCND team visited to Lok Nayak Hospital to aware them how to KCND provides its services to the patients absolutely free of cost and organised a camp two days camp at Lok Nayak Hospital. They really appreciated about Kiwanis free of cost services and they will also support to Kiwanis.

c. KALAWATI SARAN HOSPITAL- KCND Organised two days camp at Kalawati Hospital dated 05-03-2020 to 6/11/2020 and provided services to the needy patients free of cost. They are very happy to know about our efforts and gave assurance to send needy patients.

RAO TULARAM MEMORIAL HOSPITAL- KCND team organised a camp at Rao Tularam Memorial Hospital for two days 19th December 2019 to 20th December 2019 and given services to the patients free of cost.

DISABILITY CAMPS IN DELHI			
Sr. No.	DATE	NAME OF HOSPITAL	TOTAL ATTENDED PATIENTS
1	26/9/2019 TO 27/9/2019	PANDIT MADAN MOHAN MALVIYA HOSPITAL	118
2	6/11/2019 TO 7/11/2019	LOK NAYAK HOSPITAL	66
3	05-03-2020 TO 6/11/2020	KALAWATI SARAN HOSPITAL	37
4	19/12/2019 TO 20/12/2019	RAO TULARAM MEMORIAL HOSPITAL	29
Total			250

TRAINING OF P&Os AND TECHNICIANS ARRANGED BY VODA AT ORTHOSHED

INTRODUCTION -

The management of Kiwanis Club of New Delhi organized a training program for P&O and other technical staff at Orthoshed with the help of Mr. Shailesh Srivastava (Founder- Orthoshed) and Mr. Rakesh Srivastava (CEO- VODA). The training was free of cost and it was organized to enable them to



learn new technologies and upgrade the process of fabrication of prostheses and orthoses to make them more durable, modern and comfortable.

The details of training are as follows-

Duration of Training-3 days for each trainee from 16th November to 6th of December 2019.

Place of Training: Orthoshed, Plot no- 16, Sector- 5, Vaishali, UP.

Number of Trainees: 10 (2 P&Os and 8 technicians)

Timing of Training: 10:00 AM to 6:00 PM

Day of Training: Monday to Saturday (Except Wednesday)

CONCLUSION -

After having the reports of all trainees (P&Os and Technicians), we found that the training was useful and successfully done at Orthoshed. All trainees have learnt some useful techniques for making comfortable and durable prosthetic and orthotic appliances. Most of the appliances are being made by our technicians at Kiwanis except customized insoles.

Finally, they had decided to make the foot insole at Kiwanis and they need some specific materials for making customized insole like- PU foam box, plastazote, ethaflex, orthoflex sheet and silicone spray. They are ready to make it at Kiwanis Centre.

MODERNIZATION AND UPGRADATION PROJECT- ALC

KCND has upgrade and improve its artificial limbs centre by improving quality of materials which is used to manufacturing of limbs e.g. prosthesis Ranger foot and started to manufacturing of new orthotic e.g. foot insole.



FOOT INSOLE

KCND has upgrade and improve its artificial limbs centre by improving quality of materials which is used to manufacturing of limbs e.g. prosthesis Ranger foot and started to manufacturing of new orthotic e.g. foot insole.



KCND has upgrade and improve its Cerebral Palsy Centre (CP) devices which is used to improve Kids Physical health issues e.g.

1. CP Chair upgraded with Corner Chair, Standing Frame upgraded with work station for enhance the grasping, eye-hand coordination, hand manipulation and other cognitive activities and also upgrade other devices which is used for mental health issues.
2. New exercises and video games used for kid's behaviour management, enhance learning Power, Physical & Mental health issues.



1. ARTIFICIAL LIMB CENTRE

(ALC 2016-2021)					
S.No.	YEAR	NEW PROSTHESIS PROVIDED	NEW ORTHOSIS PROVIDED	REPAIRED	TOTAL SITTING PATIENTS
1	APRIL-2016 TO MARCH-2017	299	2216	736	3220
2	APRIL-2017 TO MARCH-2018	261	2295	806	3762
3	APRIL-2018 TO MARCH-2019	384	2527	644	4148
4	APRIL-2019 TO MARCH-2020	175	2266	728	3458
5	APRIL-2020 TO MARCH-2021	193	1125	559	2270
	TOTAL	1312	10429	3473	16858

2. CEREBRAL PALSY CENTRE

(ALC 2016-2021)						
CP SERVICES	TOTAL NO. OF PATIENTS / TOTAL NO OF SITTINGS	TOTAL NO. OF PATIENTS / TOTAL NO OF SITTINGS	TOTAL NO. OF PATIENTS / TOTAL NO OF SITTINGS	TOTAL NO. OF PATIENTS / TOTAL NO OF SITTINGS	TOTAL NO. OF PATIENTS / TOTAL NO OF SITTINGS	TOTAL
OT/PT(BY PHYSICAL)	1313/4062	1376/5056	1305/5530	925/3884	1852/9299	6771/27831
SPEECH THERAPY	413/1897	461/2304	490/2614	591/2234	209/1780	2164/10829
ADL ACTIVITIES			315/1797	490/2487	178/747	983/5031
VIDEO EXERCISE	268/1047	285/1359	470/2540	480/2402	261/927	1764/8275
SENSORY INTEGRATION	217/799	259/1264	423/2181	485/2487	468/2347	1852/9078
COMPUTER TRAINING	173/721	248/1213	400/2191	448/2296	374/1852	1643/8273

3. PHYSIOTHERAPY CENTRE (BY MACHINE)

(PHYSIOTHERAPY 2016-2021)			
S.No.	YEAR	TOTAL NO. OF PATIENTS	TOTAL NO. OF SITTING
1	APRIL-2016 TO MARCH-2017	586	7330
2	APRIL-2017 TO MARCH-2018	780	8405
3	APRIL-2018 TO MARCH-2019	716	6184
4	APRIL-2019 TO MARCH-2020	692	5806
5	APRIL-2020 TO MARCH-2021	1007	6349
	TOTAL	3781	31126

4. SUB-CENTRE

(ALC 2016-2021) GURUGRAM					
S.No.	YEAR	NEW PROSTHESIS PROVIDED	NEW ORTHOSIS PROVIDED	REPAIRED	TOTAL SITTING PATIENTS
1	2016 - 2017	4	204	30	296
2	2017 -2018	8	228	29	325
3	2018 -2019	8	219	13	292
4	2019 -2020	9	195	38	235
5	2020 -2021	9	112	24	153

(ALC -2021) NDRS					
S.No.	APRIL-2020 TO MARCH-2021	4	45	6	68
1	TOTAL	42	1003	140	1369

(PHYSIOTHERAPY -2021) NDRS			
S.No.	YEAR	TOTAL NO. OF PATIENTS	TOTAL NO. OF SITTING
1	APRIL-2020 TO MARCH-2021	99	223
2	TOTAL	99	345

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