



# ANNUAL REPORT

## 2021-2022 To 2022-2023

**KIWANIS CLUB OF NEW DELHI**  
(KIWANIS ARTIFICIAL LIMBS REHABILITATION & RESEARCH CENTRE)  
Affiliated to KIWANIS INTERNATIONAL

**2-35, Qutab Institutional Area, New Delhi-110016**

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Society Act Reg.No : S/10971 of 1980 | GSTIN : 07AAATK1181A1Z7

FCRA No.: 231660396 | Niti Aayog : DL/2018/0220836 | PAN No.: AAATK1181A



# LIFTING UP WITH HANDS OF HELP...



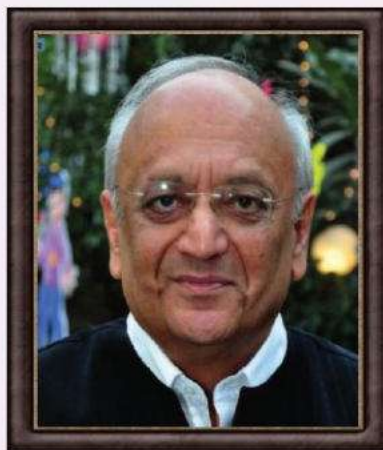
Our **vision** is to create a better everyday life for all those who consult us and thereby create a positive impact on communities around us.





# KIWANIS CLUB OF NEW DELHI

## *From the President's Desk -----*



*Greetings and great salute to the amazing companion of Kiwanis.*

Hope that the profile of Kiwanis and its activities in regard to various projects undertaken delineated will give you a clear picture of the principles for which the organisation stands for and is actively working.

Your attention is particularly drawn to the increased number of patients in past few year associated with Kiwanis therefore there is an urgent needs the active support of all kind hearted people in view of the magnitude of the programme.

I strongly believe that a good number of people would definitely come forward to lend their helping hand to make our endeavour a great success. However meagre your contribution may be, it will add to the whole to bring light and happiness to one's who are in clutches of privation.

Thank you for taking the time to read this message and please consider joining our Club as a way of supporting our community and demonstrating your commitment to doing philanthropy in the right spirit.

***Pranav Kumar Ranade***  
*President, 2021-2023*



## ABOUT KIWANIS



### **Kiwanis Club of New Delhi (KCND)**

is a non-profit charitable organization based in New Delhi to provide artificial limbs free of cost to the needy who had given up the hope of leading healthy lives. Founded in 1978 with Shri Dharma Vira, ICS as President and its founder members included Shri L P Gupta, Dr. Charat Ram, Dr. K K Modi and Dr. Bhai Mohan Singh amongst others. Shri Ram Kumar Jajodia has been the prime mover of the Kiwanis movement in India and it was on his initiative that the Club was formed and the Charter Certificate presented to the Club by then President of Kiwanis International.

Kiwanis Bhawan was inaugurated by the then President of India, Hon'ble Shri K.R. Narayanan on 23rd December 2000. KCND started its charitable work by adopting a backward village called Meoka in Gurugram district with an aim of improving the quality of life of its residents. Initially, the idea was to house only the Artificial Limbs Centre (ALC), but as the resources position and the admin-ability become apparent, several facilities were added. The Club always encouraged diversification and as a first step, a ladies club in the name of Kiwanis Club of New Delhi (L) was established.

Then, Physiotherapy Cum Pain Clinic was set up and thereafter Cerebral Palsy Centre (CPC) WAS ADDED. The club has been active in upgrading the current portfolio of services which it offers free of cost and now it's looking for uplifting it to a State-of-the-art Institution.

KCND was chartered as an affiliated club of Kiwanis International, USA on 4th August 1978 and the charter Certificate was presented to the club by then President of Kiwanis International.

**Kiwanis International**, which is the Parent Bod of KCND, is a global community of club members and partners dedicated to improving the lives of children one community at a time. It is one of the first service clubs established in the United States and is regarded as one of "the big three" service clubs. Kiwanis along with the International Association of Lions Clubs and Rotary International make up 90 percent of the total service club memberships.

Kiwanis enables the community to actively and easily participate in civic service events and volunteering while engaging with others on a global scale. Because the clubs are mostly comprised of business personnel, Kiwanis encourages networking while also strengthening the communities where the businesses are located. Currently 550,000 Kiwanians in more than 80 countries hosting nearly 150,000 service projects each year. Kiwanis is especially active in the community and local efforts in identifying and catering to important needs. Kiwanis members devote more than 19 million hours of service and raise almost \$100 million every year for their communities.

Kiwanis International has provided community services such as building all-access playgrounds, creating food pantries, hosting diversity fair and many more. It is headquartered in Indianapolis, Indiana, United States and is comprised of different types of clubs to meet the needs of a diverse world. These Club types were created to attract potential members who share common lifestyle and to offer service opportunities to more people.





To provide Community Service primarily for the under privileged, down trodden and needy individuals who are physically/ mentally impaired

To keep abreast of the developments taking place in the welfare activities of the poor and introducing such developments into our working that befit the charter of providing all services "FREE".

To treat the users of our services with respect and offer a pleasing and courteous environment.

To provide services to everyone who approach us without any prejudice of caste, colour and creed.

To be ethical in all transaction/dealing with all individuals and organizations that interact professionally with us.



Our vision is to create a better everyday life for all those who consult us and thereby create a positive impact on communities around us.

**“YOUR SUPPORT  
MAKES A  
DIFFERENCE”**

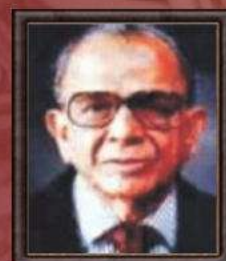


**Late Shri Raj Kumar Jajodia**  
Founder-Kiwanis Club of New Delhi

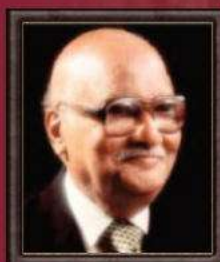
## PAST PRESIDENTS



**Late Shri Dharam Vira**  
1st President



**Late Shri Charat Ram**  
2nd President



**Late Shri L.P. Gupta**  
3rd President



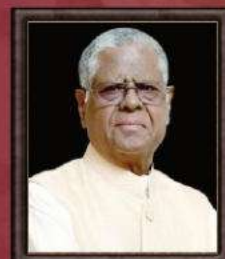
**Late Air Chief Marshal O.P. Mehra**  
4th President



**Late Shri SNP Punj**  
5th President (2013-2017)

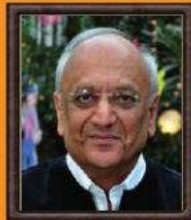


**Dr. Satguru Saran Baijal**  
6th President (2017-2019)

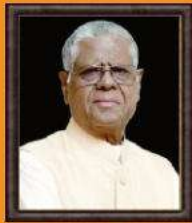


**Sant Kumar Sanganageria**  
7th President (2019-2021)

# BOARD OF DIRECTORS



**P. K. Ranade**  
President



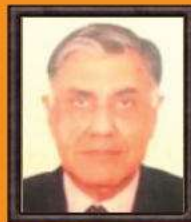
**Sant Kumar Sangneria**  
Past President



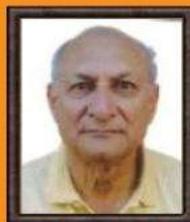
**Ajai Malhotra**  
Vice President



**V.K. Seth**  
Director



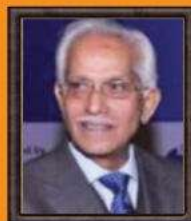
**Ravish Chopra**  
Secretary General



**Kuldip Mehta**  
Director



**P.S. Bami**  
Director



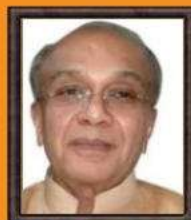
**K.L. Chugh**  
Director



**Dr. S.S. Baijal**  
Director



**Anuradha Goel**  
Director



**V.M. Bansal**  
Director

## **Happiness Doesn't Result From What We Get, But From What We Give.....!!**

In Times of crisis, the differently abled and special children are always the most vulnerable. That's when Kiwanis Matters the most-because members like you rise to meet their needs.

The health challenges that confront the differently abled and special children right now are staggering, but support of Kiwanis Club makes the difference around us. We are grateful to have support of its distinguished members.

The Coronavirus pandemic locked the entire world indoors for a while. Yet once the COVID-19 restrictions have been eased, we all need to adopt to the "new normal" to combat and move on from the extending impact of COVID-19.

While the country steps out of the lockdown gradually, people cannot afford.

**“Coming together  
is the beginning.**

**Keeping together  
is progress.**

**Working together  
IS SUCCESS.**

**-Henry Ford**





It has been an honor and privilege to associate with Kiwanis Club of New Delhi, a philanthropic organization which works for physically challenged. Though we, at Kiwanis, have tried hard to convert every adversity into opportunity, I am of the belief that we can still do a lot to bring phenomenal change in our society.

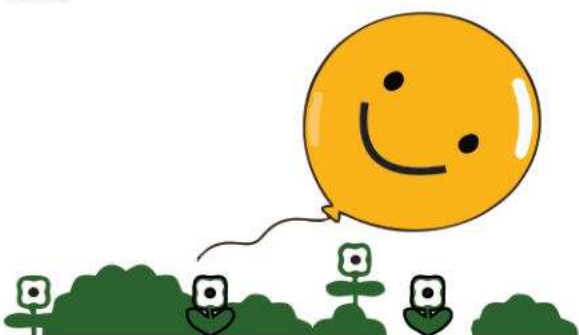
I cannot forget to mention that all leader and members of club who are very kind and supporting, they have made major contribution to build-up this organization. With their support I have tried to make possible all impossibilities in the like of physically challenged. I would certainly continue this journey which has started in year 1973.

The signature project of KCND "Karmyogi" in Jammu & Kashmir is very close to my heart. This project was started in year 2012 from Naoshera, J&K. Through this project, we delivers all kind of appliances, assistive devices, Prosthesis, orthosis to the physically challenged people near the border areas of India & Pakistan. We are very much thankful to all brigade commands of J&K (Naowshera, Rajaouri, Poonch, Jhangar, Mendhar, Akhnoor, Reasi, Lam, Thanamandi etc.) who have tremendously supported our project. During the project visit in year 2020, I realise that the happiest people I know are those who lose themselves in the service of others and I strongly believe that every single event in life happens in an opportunity to choose the way you like and follow your passion.

Our entire team of J&K salutes to the India Army for the collaboration with KCND and their dedication for serving to the Nation. Jai Hind!

### **Shweta Shahi Rana**

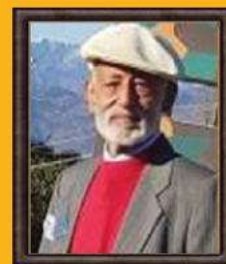
Hon. Member & Chief Administrative Officer  
KCND



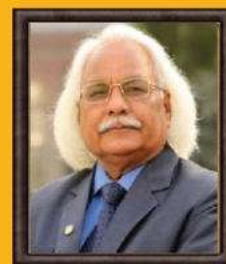
## **HONORARY MEMBERS**



**Shweta Shahi Rana**  
Chief Admin Officer & Hon. Member-KCND



**Mr. Naveen Chopra**  
Hon. Member &  
Counselor (J&K Project) -KCND



**Prof. P B Sharma**  
Hon. Member-KCND

# ARTIFICIAL LIMB CENTRE (ALC) -

Artificial limb Centre in Kiwanis' first started its project in Delhi in 1999. It was setup with the primary objective of providing mobility aids e.g. Prosthesis & Orthosis appliances and Polio Callipers to differently-abled.

The main aim is to provide high quality and comfortable artificial limbs tailored to the individual need of every patients, free. For technical support the club entered in a collaboration with Artificial Limbs Manufacturing Corporation of India (ALIMCO), Kanpur, which was appointed as our consultant for providing inputs pertaining to technology and manufacturing and now it's collaborated with Voice of Differently Abled (VODA) USA.

The Kiwanis Club New Delhi has been engaged in its core activity of providing artificial limbs to physically challenged individuals. On an average, the Centre provides artificial limbs to over 200 patients per month, thus helping them to regain mobility and self-reliance. The Kiwanis Club has also set up satellite artificial limbs centres at Gurugram and NDRS in Collaboration Chikitsa Dispensary.





## PHYSIOTHERAPY PAIN MANAGEMENT AND REHABILITATION CENTRE

Kiwanis club of New Delhi is running a department of physiotherapy to provide the required treatment. The department of Physiotherapy was established on the occasion of the Kiwanis club of New Delhi in collaboration with Help Age India.

The physiotherapy cum pain clinic was inaugurated by Smt. Sheila Dixit, Hon'ble Chief Minister of Delhi on 30th September, 2003.

KCND inaugurated its New upgraded Physiotherapy, Pain Management & Rehabilitation Centre at Kiwanis Bhawan on 16th February 2022 with upgraded machines and new equipment to restore, maintain, and make the most of a patient's mobility, function, and well-being also it helps through physical rehabilitation, injury prevention, and health and fitness. The centre was sponsored by the Past President Sant Kumar Sangneria.





# CEREBRAL PALSY CENTRE



Cerebral Palsy Centre, established at Kiwanis Bhawan, provides care and treatment for individuals affected by Cerebral Palsy (CP). It is a non-progressive neurological disorder which affects movements, speech, posture and other basic functions. CP is caused by brain and nervous system damage, sustained before birth, during labour or shortly after childbirth. Depending upon the area and the extent of the damage, symptoms may include spasms, gait abnormalities, seizures and poor muscle tone. Eyesight, hearing, speech and intellect may also be affected. Most of causes of CP do not have specific curative treatment. However, children suffering from CP present many medical problems that can be treated/ prevented. The initial stage of treatment involves examination by an interdisciplinary team of doctors e.g. Pediatrician, Neurologist, Psychologist, Orthopaedic Surgeon, Speech Therapist and Occupational Therapist. Presently the CP Centre at Kiwanis Bhawan attends to an average of 260 cases per month. The Kiwanis club of New Delhi has two specialist doctors for the same.

We have at present a Pediatrician / Neurologist, Occupational Therapist, Speech Therapist and Special Educator at Kiwanis Bhawan. However, we have made arrangements for our CP patients to be examined by the required specialist at other hospitals/ centres. The Kiwanis club also provides training to parents/care takers who are made to understand and treat the specific requirements of their wards.

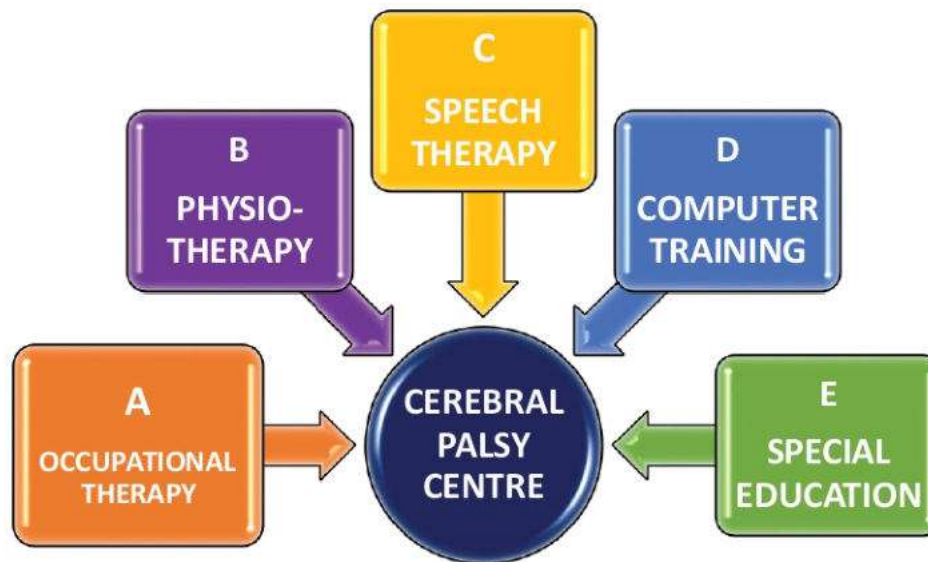


Physical therapy is often the first step in treating cerebral palsy. It can help improve motor skills and can prevent movement problems from getting worse over time. Physical therapy implements strength and flexibility exercises,

heat treatment and special equipment to give children with cerebral palsy more independence.



# DEPARTMENT IN CP CENTRE



## OCCUPATIONAL THERAPY



Occupational therapy is the use of assessment and intervention to develop, recover or maintain the meaningful activities or occupations of individuals, groups or communities. KCND has a special set-up for occupational therapy which is especially dedicated to the Cerebral Palsy kids. It is one of the most effective therapy for CP kids.

## SPEECH THERAPY

Speech therapy is an intervention service that focuses on improving a child speech and abilities to understand and express language, including nonverbal language. KCND has a good setup of speech therapy and we have a speech specialist who provides day to day therapy activities to the kids and the needy people. Anybody can come and get this service at Kiwanis free of charge.

## SENSORY INTEGRATION



Sensory Integration is the process by which we receive information through our sense, organize this information and use it to participate in everyday activities. An example of sensory integration is a body smelling food as they bring it to their mouth, testing the food, feeling the texture etc.



## VIDEO GAMES EXERCISE



Fitness game, exergaming or gamercising is a term used for video games that are also a form of exercise. We use this technique to create interest in CP kids for exercise and body movement or reaction. Exergames are seen as evolving from technology changes aimed at making video games more fun. We use automatic gaming software which any kid can play with the movement of their hands or other body parts.

## COMPUTER TRAINING



We provide basic computer education to Cerebral Palsy kids to improve their learning skills. They learn rhymes, math, identify the colour, numbers and small activities.

## SMILE MUDRAS THERAPY SESSION AT KIWANIS



Mudras are hands gesture used to purify and direct the flow of prana (healing life force energy by using fingers). Because each fingers represent a natural element like EARTH, WATER, FIRE, WIND & SPACE. Holding the hand in different shapes draws pressure and awareness to head the meridians cross and intersect. Essentially it's like for your hands. Smile Mudra Meditation project was introduced at Kiwanis as a pilot project with ten special

children. They underwent 7 sessions each interspersed with a few short conference calls as a follow up over a period of one month. Each child was assigned three healers who took extensive history of the child as well as the parents right from conception stage, to ascertain the root or origin of the problem. In continuation of the ongoing Smile Mudra sessions, KCND had organized a review meeting at centre on 26 July 2022. This meeting was to reflect on the performance of patients and how they benefitted from Smile Mudra sessions. Apart from the benefits, the meeting also addressed the problems faced by parents during the session. Furthermore, the main objective behind the meeting was to motivate parents to find best results by continuing these sessions. Views of most of the parents were positive regarding the same.





# SUCCESS STORIES

## ANANT TEJAS



Anant Tejas (K-3386), is a 2 year old CP patient with right Hemiparesis. He approached Kiwanis one year ago with a condition of partial neck hold, no sitting, no crawling, impaired fine motor, no speech and so on. Our CP team accepted his case with great pleasure. They invested all their technical know-how to improve Anant's condition. As a result, his condition improved miraculously. He is able to hold his neck perfectly, sits comfortably, stands and walks with support and has improved fine motor. He is also able to pronounce

some unclear sounds. Anant's parents paused his therapy during COVID, but they have resumed his therapy sessions at KCND and confirmed that they will not stop Anant's therapy till the time he doesn't recover fully. Thanks Kiwanis to work for such a wonderful cause at no cost.

## RACHIT



Rachit, a 3-years old (K 6819) Cerebral Palsy patient visited Kiwanis only two months ago. He showed symptoms which included no sitting, no speech, less socialization and weakness in left hand due to which he was unable to grip objects. However, with sincere efforts of our dedicated CP team including doctors and OT, PT and Speech experts brought forth visible results within two months. Let's not forget to credit his mother who stays at her parents' house for the

sake of Rachit's betterment. Thanks to KCND's management to provide a platform where we all can contribute towards such a noble cause.



# NEW INITIATIVE

## VOLUNTEERS PROGRAMME



Kiwanis is proud to share that we have started a new volunteer Internship Programme. In this internship programme, Internees may not earn money but develop their knowledge, skills and experience. It helps young people to develop their professional and personal skills while giving them knowledge and unleashing their own desire towards society and allowed to play a positive and kindness role in society. As of now total 18 no. of interns have been engaged with us in which 3 no. of interns have completed their internship with Kiwanis.



### VOLUNTEERS FEEDBACK



**VISHAL MEHLAWAT**  
(Chandigarh University)

Everyone is empathetic and very helpful in Kiwanis. The physiotherapist & Occupational Therapist are very helpful. They will contact with you at the level which makes you very comfortable. I have seen a lot of patients & have given therapy under guides, which would work as a boost in my career. One major factor that attracts you at Kiwanis is all the services are free of cost.

I would like to highlight my first experience as an occupational Therapist (intern) over here which was a healthy learning experience through which I had gained a lot of knowledge about different conditions which would be beneficial for my further studies and career.



**AASIYA ZAHID**  
(Jamia Humdard University)



**AYUSH TYAGI**  
(Institute of Rehabilitation  
Science, Delhi)

It is a great opportunity for me to work with KCND as a physiotherapist (Intern) though which I gained a lot of knowledge and skill under the guidance of OT/PT team. OT and PT here work as a team and in a coordinative manner. I had an extremely positive experience with no compliance.



# ACTIVITIES & EVENTS

## KIWANIS INTERNATIONAL PRESIDENT'S VISIT AT KIWANIS BHAWAN



March 9, 2023 was a very special day for KCND. It was honor to welcome KCND International President Mr. Bert West, First Lady Sandy & ASPAC Chair, Belle Garcia at Kiwanis Bhawan. They had a long discussion about how to promote ongoing project and growth of membership in all clubs. The Chairman of KCND, Mr. P K Ranade formally welcome to the KI President. Mr Ajai Malhotra- Vice President, Ravish Chopra - Secretary General, Kuldip Mehta -

Treasurer, Mr Arun Jain, Mr Nitin Vijay Gupta, Dr Rajan Gahdiok and other respective members of KCND were present to welcome KI President & draw the attention of Mr. Bert about ongoing projects run by the club.





## KIWANIS MEMBERS' MEETING 2023

*Together we can face any challenges as deep as the ocean and as high as the sky....*

Members' Meeting of Kiwanis Club of New Delhi held on 5th March 2023 at the residence of President, Mr P.K. Ranade, in which the members discussed about Kiwanis future goals and improvements of ongoing projects of Kiwanis. It was spectacular to see all leader of KCND together. They have shared their comments and suggestion for the growth of organization and tried to build-up great team dedicated towards humanity.





## MEDICAL CAMP IN MORADABAD (UP)



**“SOMETIMES IT TAKES ONLY AN ACT OF KINDNESS AND CARING TO CHANGE A PERSON'S LIFE”**

Kiwanis Club of New Delhi always pledged to serve humanity. Furthermore, KCND organized a two days Artificial Limb Fitment Camp for physically challenged patients in Moradabad (UP) on 12th & 13th January 2023. The camp was conducted to provide Artificial Limbs and other Prosthetic & Orthotic Appliances to physically challenged people whose measurement was taken in recent Medical Camp held on 7th & 8th October 2022. KCND delivered Artificial Limbs in this Fitment Camp and provided prosthesis, orthosis and other mobility aids as per the need of the patients.





## INAUGURAL CEREMONY OF PHYSIOTHERAPY, PAIN MANAGEMENT & REHABILITATION CENTRE



KCND inaugurated its New upgraded Physiotherapy, Pain Management & Rehabilitation Centre at Kiwanis Bhawan on Wednesday, 16th February 2022 with upgraded machines and new equipment to restore, maintain, and make the most of a patient's mobility, function, and well-being also it helps through physical rehabilitation, injury prevention, and health and fitness. Mr. Sant K Kumar Sanganerla (Past President) was the Special Guest of Honour at this event. The event was graced by the presence of Members, Guests and staffs. We are dedicated to provide best treatment to the patients and also will try to make our physiotherapy department the best physiotherapy department in New Delhi. Our vision is to provide quality treatment to large scale for the betterment of societal health.



## CHRISTMAS CELEBRATIONS AT KIWANIS





## INDEPENDENCE DAY CELEBRATIONS AT KIWANIS



This year as on 15th August 2022, the celebration of 75th Independence Day was held in a mesmerizing way in the Kiwanis Bhawan. Kiwanis Bhawan was decorated in tricolour. All the KCND staff, Patients and Guests were wearing colorful attire. The event was started with hosting of National flag by our respected President accompanied by the National anthem created a different ambience in the premises followed by an inspiring speech by our respected President which was followed by the colorful cultural programs in the Kiwanis Bhawan. National song and others songs represented by our Physiotherapy patients Shreetama with her melodious voice. Later, an amazing dance performance presented by the Cerebral Palsy kids on the song "Fir Bhi Dil Hai Hindustani".





## DIWALI CELEBRATION



The festival of lights is indeed a beautiful time to celebrate with your loved ones. Diwali symbolizes positive and happy spirits. The five-day festival celebrates the victory of light over darkness. Hindus across the world are celebrating Diwali. Kiwanis Family Members have Celebrated Diwali Utsav on 21st October 2022 at Kiwanis Bhawan. This Diwali Kiwanis have invited some NGO's to setup their stalls at Diwali Utsav with their handmade items like decorated Diyas, Candles, Toys, Snacks etc. Gifts were distributed to some CP Kids by The President, Mr. P K Ranade with Mrs Ranade.





## BENEFICIARIES FEEDBACK



“ Mrs. Anjana (Vashnavi's mother) - All staff from reception to treatment rooms incredibly friendly and helpful. I would highly recommend your practice to anyone. Each session is cover with full of care and protocol was followed by the therapist amazingly.”

“ Team of Kiwanis constantly hustling to help Sushant stand up and walk on his feet without support. We the parents of Sushant pray to god to make our joint mission successful. A great salute to KCND management.”



“ Md. Asim (Abdul Aahad's father)- I think you treat every patients as a valued individual and certainly everyone is taken care and give comfort level feel like at home.”

“ Mr. Prem Singh, Patients of solder pain comments Dr Abhishek Shukla is supper officiant in dealing with my problems and helping me to obtain optimum fitness with my health issues due to age factor.”



“ Mr. Narender Duhan (Divij Duhan's father) Our child Divij Duhan joined Kiwanis March, 2021 with diagnosis of Autism Spectrum Disorder. It was a nice experience, and help us lot of positive difference in behaviour and social activities to overcome ASD. Classes are taken with a good plan and with great involvement. Individual attention and participation is given to each of the patient. We especially thanks to Vinay sir for wonderful Speech class and related exercise and Bilal sir for awesome involvement with ASD patient and the way to do OT classes. We really pay warm regards and Gentle thanks to all Kiwanis staff to their support behaviour and friendly environment. Hopefully we will get same type of immaculate support in near future ahead.”



## CELEBRATION OF INTERNATIONAL DAY OF PERSONS WITH DISABILITIES AT KIWANIS



**Remove physical and cultural barriers; build inclusive societies 'for, by and with persons with disabilities.....**

International Day of Persons with Disabilities is an international observance promoted by the United Nations since 1992. International Day of Persons with Disabilities on 3rd December is a day to help everyone become more compassionate and understanding of the challenges faced by people with disabilities.





## HOSTING A LECTURE ON HOLISTIC MEDICINE BY DR. (PROF) R K TULI



**When a group of people get together, its collective power....**

To bring all members together KCND hosted a lecture on Holistic Medicine by Dr. (Prof) R K Tuli (Member- KCND) on Monday, 13th December 2021 at Kiwanis. The event was started with Lighting of lamp by the special guest and Members, accompanied by the National Anthem and a speech by the President, Mr. P K Ranade. Holistic Medicine is a form of healing that considers the whole person - body, mind, spirit, and emotions in the quest for optimal health and wellness. According to the holistic medicine philosophy, one can achieve optimal health. The primary goal of holistic medicine is to achieve proper balance in life. Holistic medicine practitioners believe that the whole person is made up of interdependent parts and if one part is not working properly, all the other parts will be affected. In this way, if people have imbalances (physical, emotional, or spiritual) in their lives, it can negatively affect their overall health.



## PATIENT COUNSELING SESSION WITH SSB



Mrs. Veena Oberoi's volunteer counseling sessions provide vital emotional support to general patients, offering comfort and solace to those in need. Her selfless commitment is a beacon of hope for many



## ARTIFICIAL LIMBS DISTRIBUTION CAMP IN NAOSHERA, RAJOURI & POONCH- J&K

**JOINT VENTURE BETWEEN  
KIWANIS CLUB of NEW DELHI  
&**

**THE INDIAN ARMY, J & K LOC BRIGADE COMMANDS**

The commitment Kiwanis Club of New Delhi taken towards serving humanity and addition of that KCND organizing a Medical Camp for differently abled patients at various places in Jammu & Kashmir since 2014 with support of Indian Army for their survivors during Pakistan's shelling and mine blasts along the Line of Control. KCND distributed Artificial Limbs (prosthetics and orthosis), wheelchairs and other Mobility Aids completely free of cost to survivors who lost their limbs in wars and mines blasts. Civilians expressed their sincere appreciation to the KCND and Indian Army for taking up this project. KCND wanted to provide prosthetics and orthosis to the needy in a phased manner and wants to cover villages along the LOC that bore the maximum brunt of Pakistan's shelling in recent times.



**KCND organized medical camps at following places in Jammu & Kashmir in the year 2021 & 2023:-**

NAOSHERA	RAJOURI
POONCH	JHANGAR
THANAMANDI	LAM
GLOTI, MANJAKOTE	REASI
GALOTHI	MAHENDAR





### STATISTICS REPORT FOP CAMP IN J&K (FY 2021-22)

S.No.	CAMP	PROSTHESIS PROVIDED	ORTHOSIS PROVIDED	MOBILITY AIDS	READYMADE ITEMS	REPAIRED	TOTAL NO PATIENTS
1.	RAJOURI	51	47	101	29	2	167
2.	POONCH & JHANGAR	15	11	28	4	22	116
3.	NOWSHERA	24	1	32	9	-	82
4.	THANAMANDI, GLOTI, MANJAKOTE & LAM	17	1	18	3	-	63
	No. of Appliances	107	60	179	45	24	428

### STATISTICS REPORT FOP CAMP IN J&K (FY 2022-23)

S.No.	CAMP	PROSTHESIS PROVIDED	ORTHOSIS PROVIDED	MOBILITY AIDS	READYMADE ITEMS	REPAIRED	TOTAL NO PATIENTS
1.	RAJOURI	30	29	79	50	-	96
2.	POONCH & MANJHAKOT	63	20	68	5	4	114
3.	LAM, THANAMANDI, GALOTHI	30	4	43	6	-	49
4.	REASI	11	20	21	9	-	30
5.	JHANGAR	16	0	24	8	5	65
6.	MAHENDAR	5	0	3	2	1	24
	TOTAL	155	83	238	80	10	378





**JOINT VENTURE BETWEEN  
KIWANIS CLUB OF NEW DELHI &  
DELHI SOCIAL WELFARE DEPARTMENT**

**DISABILITY CAMPS IN DELHI**

Kiwanis Club of New Delhi always try to provide India's best services to especially abled people, through this initiative KCND participated in disability camps at various Government Hospitals with Delhi Social Welfare Department in the Year 2022-23

DISABILITY CAMPS IN DELHI			
S.No.	DATE	NAME OF HOSPITAL	TOTAL ATENDED PETEINTS
1.	10/03/2022 TO 11/03/2022	GURU TEG BAHADUR HOSPITAL	54
2.	22/03/2022 TO 23/03/2022	RAO TULARAM MEMORIAL HOSPITAL	50
3.	24/03/2022 TO 25/03/2022	LOK NAYAK HOSPITAL	14
4.	30/03/2022 TO 31/03/2022	Dr HEDGEWAR AROGYA SANSTHAN	17
TOTAL			135





## GLIMPSES OF CELEBRATION ON INTERNATIONAL DAY OF PERSONS WITH DISABILITIES



In its endeavor to serve the community, Kiwanis Club of New Delhi has organized a 'Blood Donation, Health check-up and 'Aadhaar Enrolment Camp' at Kiwanis Bhawan on Thursday 1st December, 2022 especially for its physically challenged people on occasion International Day of Persons with Disabilities.





# NEW INITIATIVE

## Project “Bhumika”

### ADOPT A CHILD

Every child deserves better health, love & care

Bhumika is a very bright girl in her late teens. 'She is very lively and loves to enjoy each moment in life to its fullest', says her parents. She has dreams of making it big in life and was determined to work her way toward them. However, her parents could not predict how a single wrong step would wreak havoc in their as well as their child's lives. Bhumika is a free-spirited human who would not stop at anything to achieve success in life. More often than not her free-spiritedness would transform into rebellion.

One day, Bhumika's mother confiscated her mobile phone to reduce her screen time. In a fit of rage, the girl took the unfortunate decision of committing suicide but failed. The attempt has left her disabled due to the lack of oxygen supply to her brain—all her dreams were shattered within a matter of time. Her father died after seeing her situation after few months of this incident.

Bhumika's mother earn their livelihood by running a small paratha shop, however, it is barely enough to make ends meet. Meeting her treatment cost is a far-fetched possibility for them. So, they came to Kiwanis with great hopes for their child's treatment. Our experts made the history and counsel her mother and referred her to team the physiotherapist and occupation therapist to do passive exercises and then she met our counsellor Mrs. Veena Oberoi to make her comfortable. She is also been consulted with ALC team to provide assistive/supporting devices. Her treatment and rehabilitation process have started at Kiwanis with the advice of concerned doctor.

However, with their humble means of income, it's very difficult for Bhumika's parents to be able to afford the costs of commuting daily to our rehabilitation centre for free therapy sessions. The commuting costs are bone-breaking for her parents and render them helpless.

Just like Bhumika, there are several other patients whose socio-economic conditions force them to quit their treatment halfway through. However, we at Kiwanis always believe that each human deserves a second chance in life irrespective of their status.

KCND have adopted this child by providing all available medical facility at centre and taking care of her all medical expenses.

KIWANIS CLUB OF NEW DELHI



## ADOPT A CHILD

Adopt at least one poor child to help them to get better health services.

Adoption Charges:  
Rs. 5000/- monthly for 1 child  
Rs.60,000/- yearly for 1 child



**EVERY CHILD  
DESERVES  
BETTER HEALTH  
LOVE AND CARE**

[WWW.KIWANISND.ORG](http://WWW.KIWANISND.ORG)



# 5 YEARS STATISTICS REPORT - 2018 TO 2023

## 1. ARTIFICIAL LIMB CENTRE

(ALC 2018-2023)					
S.No.	YEAR	NEW PROSTHESIS PROVIDED	NEW ORTHOSIS PROVIDED	REPAIRED	TOTAL SITTING PATIENTS
1.	APRIL-2018 TO MARCH-2019	384	2527	644	4148
2.	APRIL-2019 TO MARCH-2020	175	2266	728	3458
3.	APRIL-2020 TO MARCH-2021	193	1125	559	2271
4.	APRIL-2021 TO MARCH-2022	328	1595	757	3794
5.	APRIL-2022 TO MARCH-2023	341	2170	888	4013
	<b>TOTAL</b>	<b>1421</b>	<b>9683</b>	<b>3576</b>	<b>17684</b>

## 2. CEREBRAL PALSY CENTRE

CP CENTRE (2018-2023)						
CP SERVICES	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	TOTAL
	TOTAL NO. OF PATIENTS/TOTAL NO OF SITTINGS	TOTAL NO. OF PATIENTS/TOTAL NO OF SITTINGS	TOTAL NO. OF PATIENTS/TOTAL NO OF SITTINGS	TOTAL NO. OF PATIENTS/TOTAL NO OF SITTINGS	TOTAL NO. OF PATIENTS/TOTAL NO OF SITTINGS	
OT/PT (BY PHYSICAL)	1305/5530	925/3884	1852/9299	3033/12876	4572/21851	11687/53440
SPEECH THERAPY	490/2614	591/2234	209/1780	481/3041	810/5107	2581/14676
ADL ACTIVITIES	315/1797	490/2487	178/747	163/891	306/1203	1452/7125
VIDEO EXERCISE	470/2540	480/2402	261/927	109/539	140/598	1460/7006
SENSORY INTEGRATION	423/2181	485/2487	468/2347	486/2710	726/4528	2588/14253
COMPUTER TRAINING	400/2191	448/2296	374/1852	400/2303	434/1904	2056/10546
<b>TOTAL</b>	<b>3403/16853</b>	<b>3419/15790</b>	<b>3342/16952</b>	<b>4672/22413</b>	<b>6988/35191</b>	<b>21824/107046</b>



## PHYSIOTHERAPY PAIN MANAGEMENT AND REHABILITATION CENTRE

(PHYSIOTHERAPY 2018-2023)			
S.No.	YEAR	TOTAL NO. OF PATIENTS	TOTAL NO. OF SITTING
1.	APRIL-2018 TO MARCH-2019	716	6184
2.	APRIL-2019 TO MARCH-2020	692	5806
3.	APRIL-2020 TO MARCH-2021	1007	6349
4.	APRIL-2021 TO MARCH-2022	1712	9191
5.	APRIL-2022 TO MARCH-2023	2544	17480
	TOTAL	6671	45010

### 4. SUB-CENTRE

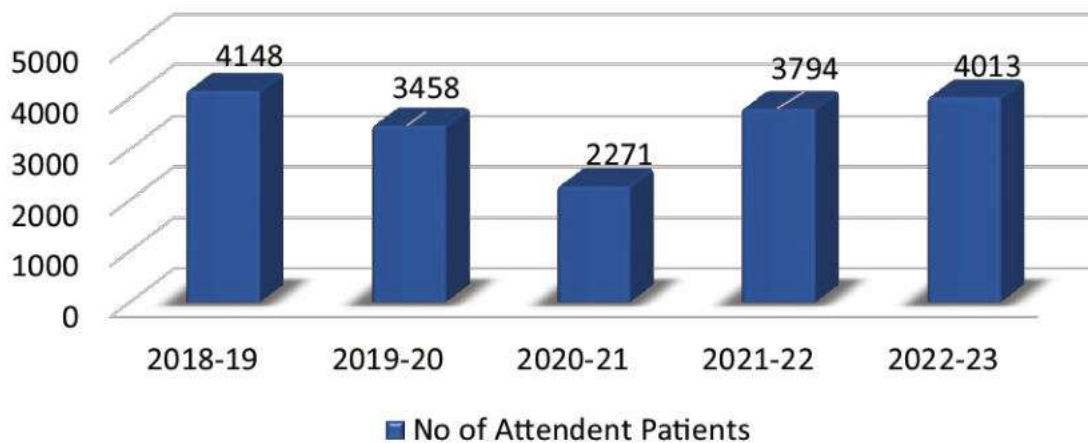
(ALC 2018-2023) GURUGRAM					
S.No.	YEAR	NEW PROSTHESIS PROVIDED	NEW ORTHOSIS PROVIDED	REPAIRED	TOTAL SITTING PATIENTS
1.	APRIL-2018 TO MARCH-2019	8	219	13	292
2.	APRIL-2019 TO MARCH-2020	9	195	38	235
3.	APRIL-2020 TO MARCH-2021	9	112	24	153
4.	APRIL-2021 TO MARCH-2022	27	34	3	146
5.	APRIL-2022 TO MARCH-2023	6	122	17	147
(ALC -2021-2023) NDRS					
6.	APRIL-2020 TO MARCH-2021	4	45	6	88
7.	APRIL-2021 TO MARCH-2022	9	0	11	25
8.	APRIL-2022 TO MARCH-2023	0	26	9	53
	TOTAL	72	753	121	1139

(PHYSIOTHERAPY -2021-2023) NDRS			
S.No.	YEAR	TOTAL NO. OF PATIENTS	TOTAL NO. OF SITTING
1.	APRIL-2020 TO MARCH-2021	99	223
2.	APRIL-2021 TO MARCH-2022	526	775
3.	APRIL-2022 TO MARCH-2023	473	856
	TOTAL	1098	1854

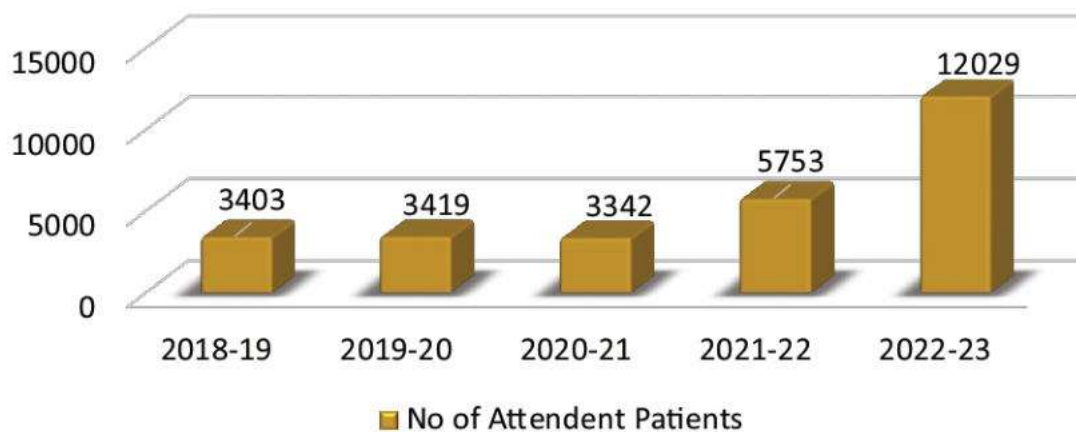


# DEPARTMENT'S GROWTH

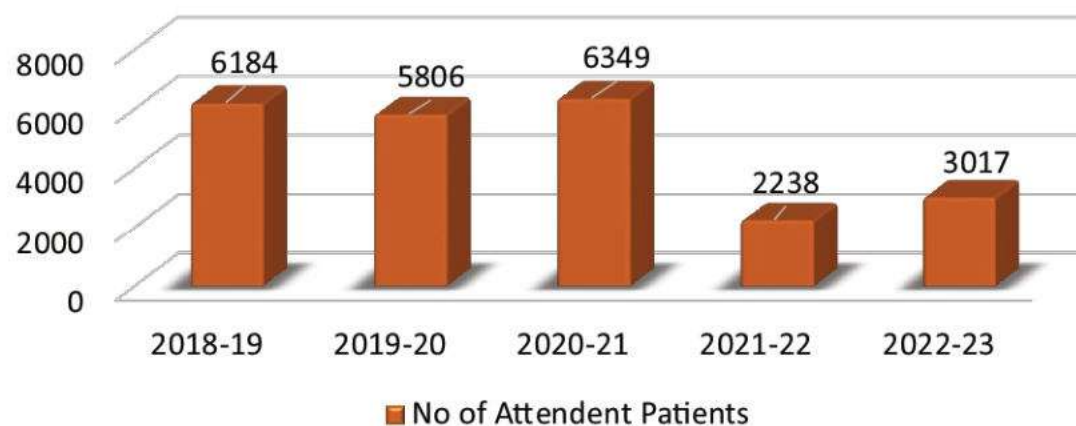
## Statistics of ALC Centre - 2018 to 2023



## Statistics of C P Centre - 2018 to 2023



## Statistics of Physiotherapy Department - 2018 to 2023



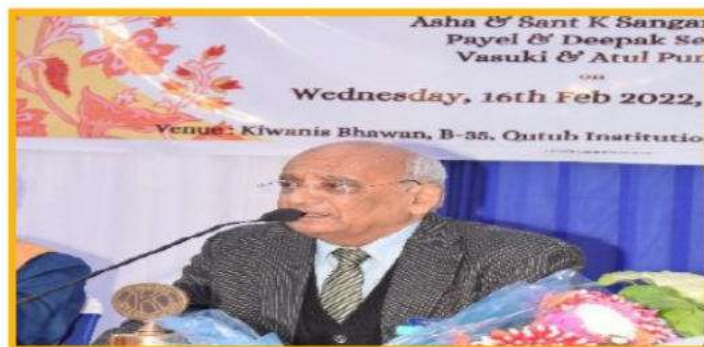


## GLIMPSES OF YEAR 2021-22& 2022-23

### KIWANIS AGM-2021



### INAUGURATION OF NEW PHYSIOTHERAPY UNIT





## CELEBRATION OF INTERNATIONAL DAY OF PERSONS WITH DISABILITIES



## INDEPENDENCE DAY CELEBRATIONS AT KIWANIS



## SMILE MUDRA SESSION





## KIWANIS INTERNATIONAL PRESIDENT VISIT AT KIWANIS BHAWAN



## KIWANIS MEMBERS' MEETING 2023





**"Give Your hands to serve & Your hearts to love"**

**"Donate in the memory of Kiwanis"**



**Bank Details:**

A/c Holder Name : Kiwanis Club Of New Delhi

Bank : HDFC Bank Ltd

Account No. : 50100410796481

IFSC Code : HDFC0002055

Branch : F-126, 1st Floor, Katwaria Sarai, New Delhi-110016



**SCAN FOR DONATION**





**“SUPPORT US  
IN THE MEMORY OF KIWANIS,  
YOUR LITTLE SUPPORT CAN CHANGE SOMEONE’S LIFE”**

***#kidsneedkiwanis***

# **KIWANIS CLUB OF NEW DELHI**

**(Artificial Limbs & Cerebral Palsy & Physiotherapy Center)**

B-35, Kiwanis Club of New Delhi, Qutub Institutional Area, Opp. Katwariya Sarai, New Delhi -110016  
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