



KIWANIS CLUB OF NEW DELHI

(Kiwanis Artificial Limbs Rehabilitation & Research Centre)



ANNUAL REPORT 2023-2024



Kiwanis International

Kiwanis International was founded in 1915 in Detroit, Michigan, U.S.A. The name Kiwanis was selected by the organization's founders based on their understanding that the word was translatable to "we build" from the Algonquian Native American language family.

Initially focused on business networking, Kiwanis changed its focus to service in 1919 — specifically service to children. Over the years, more clubs were created and worldwide expansion of Kiwanis was ultimately approved in the 1960s. Today, there are Kiwanis clubs functioning in nearly 80 countries.



Kiwanis

From The President's Desk



Dear Members and Friends,

I have the honour to present the Annual Report of the Kiwanis Club of New Delhi (KCND) for the preceding twelve months, during which KCND has continued to grow smoothly. Over the past year our Artificial Limbs Centre provided 2,705 beneficiaries with prosthesis and orthotic aids, besides repairing such aids for 763 beneficiaries. In cooperation with the Indian Army, we have since 2012 given a special focus to providing artificial limbs to civilians in Jammu and Kashmir. Last September, we extended this and provided aids to 207 beneficiaries in Rajasthan. This year we held six artificial limbs distribution camps across Jammu and Kashmir.

We have been providing occupational therapy, speech therapy, sensory integration, video games exercises, and Smile Mudra therapy, to children with Cerebral Palsy (CP). Over the past year 2,785 children with CP benefitted from our services. We also gave developmental aides and appliances to 1,107 such children, and organized public awareness programs about CP. Our Physiotherapy, Pain Management and Rehabilitation Centre inaugurated in 2022 has fast grown in popularity. Over the past year 3,083 persons availed of its services in 15,154 sittings.

Several new projects have also been implemented over the past year. We initiated a training program for blind girls looking to improve their physiotherapy & occupational therapy skills. In cooperation with a start-up, Life and Limb Pvt Ltd, we are testing myoelectric hands for improved accessibility and would very shortly be fitting them to 4 beneficiaries.

We are now implementing the second phase of our solar panels project for Kiwanis Bhawan and are grateful to Sakata INX (India) Pvt Ltd for funding it. To comply with clean air requirements, we have installed a gas generator for power backup, and disposed off our old diesel genset. Such measures further reduce our carbon footprint and provide significant savings to KCND.

While all other services are free, the Board of Directors approved a token charge for our physiotherapy services, given rising demand and to cover costs. This has generated a monthly inflow of Rs 1.5 lakhs since 1/3/2024. Moreover, in December 2023/January 2024, the remaining two of the three available floors at Kiwanis Bhawan were put on rent. These steps have enhanced revenue accretion, enabling us to extend new and better services to the needy.

KCND was honoured to host Kiwanis International President Lee Kuan Yong on 17/8/2024. Looking ahead, we would project the work being done by KCND while commemorating CP Day (October 2024), International Prosthetics and Orthotics Day (November 2024) and International Day of Persons with Disabilities (December 2024). I urge Members to attend these events.

Finally, my gratitude to the Board of Directors and all Members for their guidance and support, as also to every KCND staff for their devoted efforts in furthering our humanitarian goals.

(Amb. Ajai Malhotra)
President, Kiwanis Club of New Delhi

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About Kiwanis Club of New Delhi

Kiwanis Club of New Delhi (KCND) is a non-profit charitable organization based in New Delhi to help the needy lead healthier lives. Shri Raj Kumar Jajodia was the prime mover of the Kiwanis movement in India and it was on his initiative that the Club was formed and the Charter Certificate presented to the Club by the President of Kiwanis International.

Founded in 1978 with Shri Dharma Vira as its President, its founder members included Shri L P Gupta, Dr. Charat Ram, Dr. K K Modi and Dr. Bhai Mohan Singh. KCND was chartered as an affiliated club of Kiwanis International, USA on 4th August 1978.

Kiwanis Bhawan was inaugurated by the President of India, Shri K.R.Narayanan, on 23rd December 2000.

KCND operates a charitable medical center in New Delhi that serves individuals with various disabilities. The center has three primary departments: the Artificial Limb Center, the Cerebral Palsy Center, and the Physiotherapy Pain Management and Rehabilitation Center.



President of India, Hon'ble Shri K.R. Narayanan

Since 2012, KCND also cooperates with the Indian Army to provide civilians living in the border regions of India needing assistive devices, prosthetics and orthotics appliances.



**“The best way to
find yourself is to
lose yourself in the service of
others”
– Mahatma Gandhi**

MISSION

- To provide Community Service primarily for the under privileged, downtrodden and needy individuals who are physically/ mentally impaired
- To keep abreast of the developments taking place in the welfare activities of the poor and introducing such developments into our working that befit the charter of providing many services.
- To treat the users of our services with respect and offer a pleasing and courteous environment.
- To provide services to everyone who approach us without any prejudice of caste, colour and creed.
- To be ethical in all transaction/ dealing with all individuals and organizations that interact professionally with us

Board of Directors 2023-2024



Amb Ajai Malhotra
President



Mr Ravish Chopra
Vice President



Mr P K Ranade
Immediate Past President



Sant K Sangneria
Past President



Dr Rajen Ghadiok
Secretary General



Mr Nitin Vijay Gupta
Treasurer



Mr Kuldip Mehta
Director



Dr BBL Madhukar
Director



Mr M L Jain
Director

VISION

Our vision is to create a better everyday life for all those who consult us and thereby create a positive impact or communities around us.



Shweta Shahi Rana

**Honorary Member -KCND
Chief Administrative Officer**

I am continually inspired by the remarkable impact and dedication of our organization. Our commitment to serving those in need and uplifting the underprivileged is truly commendable. Each member of our team brings a unique blend of compassion, expertise, and dedication that fuels our mission and drives our success.

I am always grateful to Lord Shiva for the chance to work with those in need and the underprivileged. A notable project that started in 2012 in collaboration with the Indian Army has provided a valuable opportunity for me to serve our nation. Every day, I feel privileged and thankful to be part of KCND, an organization committed to aiding those in need for the past 46 years. My work as a social worker has become my passion, and I truly enjoy it.

The environment we foster is one of genuine kindness and collaboration, where every member plays a vital role in achieving our goals. It is a privilege to be part of such a dedicated and passionate team, where our shared vision and tireless efforts contribute to a brighter future for those we serve.

Together, we continue to build on our legacy of excellence, and I am proud to be associated with an organization that not only dreams of a better world but actively works to create it.

Past Presidents

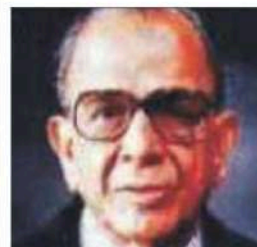


Mr. Raj Kumar Jajodia
Founder

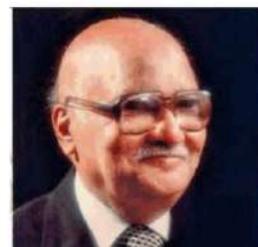
Past Presidents



Mr. Dharam Vira
1st President



Mr Charat Ram
2nd President



Mr L P Gupta
3rd President



Air Chief Marshal O P Mehra
4th President



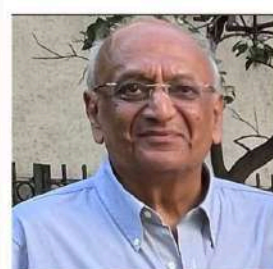
Mr Satya Narayan Punj
5th President



Dr. Satguru Saran Baijal
6th President



Sant Kumar Sangneria
7th President



Pranav Kumar Ranade
8th President

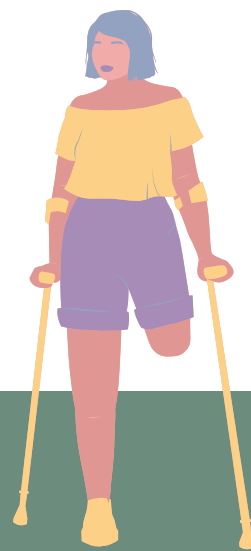
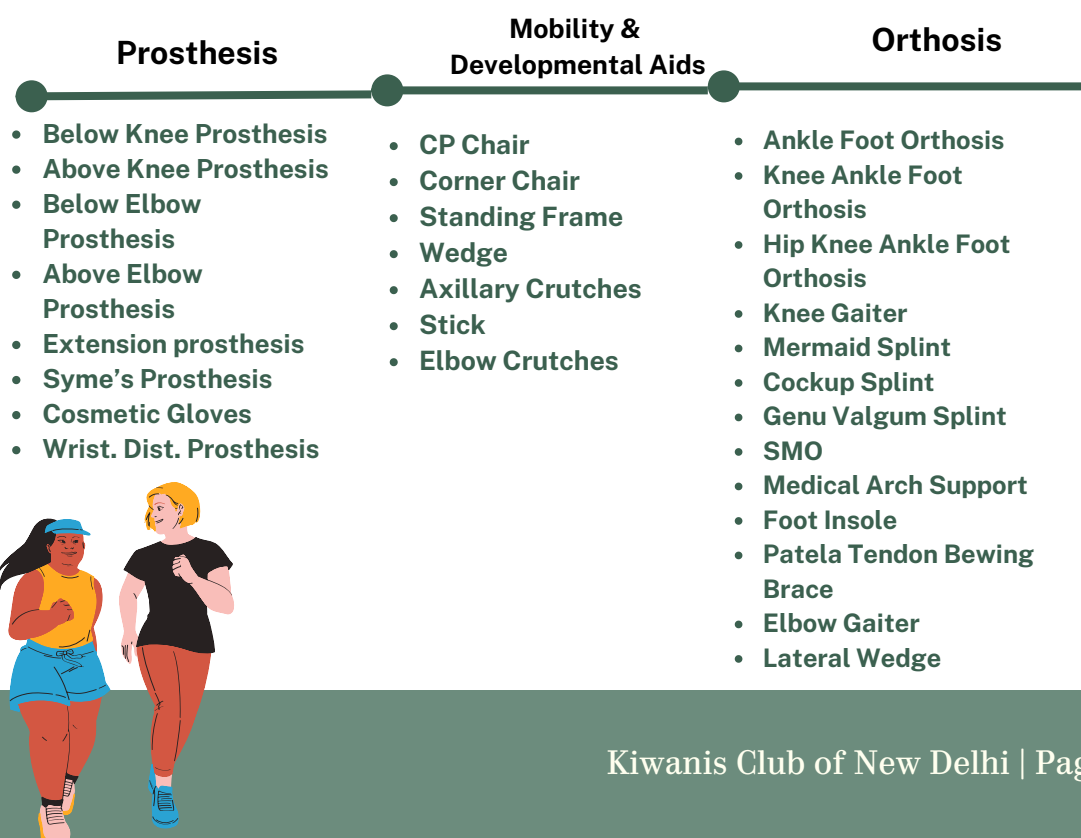
Artificial Limb Centre



Artificial limb Centre in Kiwanis' first started its project in Delhi in 1999. It was setup with the primary objective of providing mobility aids e.g. Prosthesis & Orthosis appliances and Polio Callipers to differently-abled.

The main aim is to provide high quality and comfortable artificial limbs tailored to the individual need of every patients, free. For technical support the club initially entered in a collaboration with Artificial Limbs Manufacturing Corporation of India (ALIMCO), Kanpur, which was appointed as our consultant for providing inputs pertaining to technology and assembling of limbs.

The Kiwanis Club New Delhi has been engaged in its core activity of putting together and providing artificial limbs to physically challenged individuals. On an average, the Centre provides artificial limbs to over 200 patients per month, thus helping them to regain mobility and became self-reliant. The Kiwanis Club has also set up satellite artificial limbs center at Gurugram and Asaf Ali Road in collaboration with Chikitsa.



Physiotherapy, Pain Management and Rehabilitation Centre

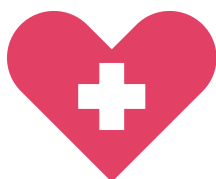


Kiwanis Club of New Delhi is also running a department of physiotherapy to provide the required treatment. The physiotherapy cum pain clinic was inaugurated by Smt. Sheila Dixit, Hon'ble Chief Minister of Delhi on 30th September 2003.

KCND inaugurated its new upgraded Physiotherapy, Pain Management & Rehabilitation Centre at Kiwanis Bhawan on 16th February 2022 with upgraded machines and new equipment to restore, maintain, and make the most of a patient's mobility, function, and well-being also it helps through physical rehabilitation, injury prevention, and health and fitness. The centre was sponsored by Mr. Sant K Kumar Sangneria, Past President of KCND.

Services

- Pilates Reformer
- Transcutaneous Electrical Nerve Stimulation (TENS) Therapy
- Pulsed Electro Magnetic Field Therapy (PEMF)
- Paraffin Wax Bath
- M S Muscle Stimulator
- Taping
- Dry Needling
- Traction with Decompression
- Ultrasonic Therapy
- Hydro Collator
- CPM- Continuous Passive Motion
- IFT-Interferential Therapy
- Instrumental Assisted Soft Tissue Mobilization (IASTM)
- Laser Therapy
- Short Wave Diathermy (SWD)
- Microwave Diathermy
- Deep Vein Thrombosis (DVT) Pump





Cerebral Palsy Centre

Cerebral Palsy Centre, established at Kiwanis Bhawan, provides care and treatment for individuals affected by Cerebral Palsy (CP). It is a non-progressive neurological disorder which affects movements, speech, posture and other basic functions.



CP is caused by brain and nervous system damage, sustained before birth, during labour or shortly after childbirth. Depending upon the area and the extent of the damage, symptoms may include spasms, gait abnormalities, seizures and poor muscle tone. Eyesight, hearing, speech and intellect may also be affected. Most of causes of CP do not have specific curative treatment. However, children suffering from CP present many medical problems that can be treated/ prevented.

The initial stage of treatment involves examination by an interdisciplinary team of doctors e.g. Gen. Physician, Physiotherapist, Speech Therapist and Occupational Therapist. Presently the CP Centre at Kiwanis Bhawan attends to an average of 260 cases per month.



Sections in CP Centre

**Occupational
and
Physiotherapy**

**Speech
therapy & ADL**

**Sensory
Integration
therapy**

**Computer
Training and
Counseling**





Kiwanis International President's Visit President Lee Kuan Yong

Kiwanis Club of New Delhi (KCND) hosted President Lee Kuan Yong, Kiwanis International President for 2024-2025, and Ms. Olivia Chin, District Governor of Malaysia, at Kiwanis Bhawan, New Delhi, on 17th August 2024. Amb. Ajai Malhotra, President KCND, Mr Ravish Chopra, Vice President KCND, Dr Rajen Ghadiok, Secretary General KCND, Mr Nitin Vijay Gupta, Treasurer KCND, and KCND Members, Mr Kuldeep Mehta, Mr Ajai Choudhary, Mr BBL Madhulkar, Mr Divij Chopra, Mr Vijay Pahwa, Mr Kamal Oberoi and Ms Shweta Shahi Rana, warmly welcomed and interacted with the dignitaries.





Kiwanis Members Meeting 2024

Member's meetings are essential for maintaining a well-functioning, transparent, and engaged club. Members' Meeting of Kiwanis Club of New Delhi held on 16th March 2024 at Kiwanis Bhawan . It was spectacular to see all leader of KCND together. The meeting saw an excellent turnout with a strong representation from our members, reflecting our commitment to active participation and engagement within the organization. The meeting showcased the collaborative spirit and collective dedication of our members towards achieving our organizational goals. Through constructive dialogue and teamwork, we reaffirmed our commitment to making a positive impact in our community. Mr T D Dhariyal, Commissioner PWD, Govt. of NCT of Delhi and several prospective members joined the meeting.





Annual General Meeting 2023 Board of Directors Meetings 2023-2024

We hold an Annual General Meeting (AGM) each year to review the club's progress and plan for future growth. Kiwanis Club of New Delhi successfully conducted 45th Annual General Meeting on Tuesday, 26th September 2023 at Kiwanis Bhawan. Mr. P K Ranade handed over the Presidential baton to his successor Mr. Ajai Malhotra who became 9th President of Kiwanis Club of New Delhi.



Activities and Events

Republic Day & Independence Day 2024

Each year, we celebrate Republic Day and Independence Day in a memorable manner at KCND.

Following our tradition, the club presidents handle the national flag hoisting, while other members join in the festivities.

This year, we observed these two significant occasions at Kiwanis Bhawan, where our wonderful kids performed patriotic songs.





Project “Karamveer”- J&K

KCND is deeply committed to serving humanity, and in line with this dedication, the organization has been conducting medical camps for individuals with disabilities across various locations in Jammu and Kashmir since 2012.

This initiative, supported by the Indian Army, aims to assist civilians affected by mines/shelling or other causes. KCND provides artificial limbs, mobility aids and other prosthesis and orthosis appliances. Civilians have expressed their heartfelt appreciation for both KCND and the Indian Army for their efforts in this project. We regularly organize camps in border villages for the measurement and fitting of these prosthetic limbs.



Statistical Report - J&K Project

YEAR	ORTHOSIS	PROSTHOSIS	MOBILITY AIDS	Other Aids & Appliances
2021-22	107	60	179	45
2022-23	155	83	238	80
2023-24	98	92	90	24
TOTAL	360	235	507	149

Activities and Events



Disability Camps in Delhi Collaboration with Delhi Social Welfare Department

As in previous years, KCND has participated in disability camps at various hospitals in collaboration with the Delhi Social Welfare Department. Launched in 2019, this program aims to support individuals with disabilities by offering a range of services in a single location.

Limbs Distribution Camp in Moradabad

The Kiwanis Club of New Delhi took part in an Artificial Limb Distribution Camp held at the Asian Vivekanand Super Specialty Hospital on Kanth Road in Moradabad. This event was organized by the Moradabad Charitable Trust & Health Research Centre. During the camp, the team provided necessary appliances to 55 patients, including 19 prosthesis, 22 orthosis, and 14 mobility aids.



CAMPS IN DELHI 2023-24	HOSPITALS	BENEFICIARIES
27-27 JULY	Maharishi Valmiki	41
10-11 AUGUST	District Social Welfare Office	60
24-25 AUGUST	Pt. Deen Dayal Upadhyay	52
01-02 SEPTEMBER	Rao Tula Ram Memorial	33
12-13 SEPTEMBER	Guru Govind	26
14-15 SEPTEMBER	Bhagwan Mahaveer	46
12-13 OCTOBER	Jag Praveesh Chandra	40
19-20 OCTOBER	Aruna Asif Ali	22
26-27 OCTOBER	Lal Bahadur Shastri	18

Limbs Distribution Camp in Ramsar, Rajasthan

Since our journey began in 2012, we have been dedicated to supporting those living in border areas, with a special focus on assisting people with disabilities in remote regions.

Last September, we had the privilege of extending our services to Ramsar, Rajasthan, where we provided aid to 207 beneficiaries with the help of Indian Army.



Activities and Events



Awareness Program for Cerebral Palsy

This awareness program was a step towards building a more informed and supportive community for individuals with cerebral palsy. By coming together to learn, share, and help, we tried to make a significant difference in the lives of those affected by this condition. We invited everyone to participate, spread the word, and contribute to creating a more inclusive and understanding society. We've also invited a few guests, including Veena Oberoi (counsellor) Mr. Ram Bhupal and Ms Afroza Jahan (Psychologist), to enhance the benefits of this event for attendees. All parents of children with cerebral palsy have participated and provided their views and feedback on the treatments they receive through the cerebral palsy center at KCND.

Donation Drive

Inner Wheel Club of Sainik Farms has donated 20 wheelchairs to KCND as part of their charitable project. They consistently support children with cerebral palsy by occasionally providing them with useful items. The club has been working with KCND since August 2022.



Mudra's Meditation Program

In 2022, we launched a program for the treatment of cerebral palsy called Smile Mudra's Meditation Therapy, with the support of Dr. Pankaj Jain, head of the Smile Meditation Academy and him team member. We are grateful for his contribution in leading such an informative session on Smile Meditation and Mudras for cerebral palsy patients. We are pleased to announce that we have successfully completed phase 4 of the project and have observed remarkable improvements in the children with CP.



Corporate Social Responsibility (CSR)

Sakata Inx (India) Pvt. Ltd

We are very thankful to Sakata Inx Pvt. Ltd for generous sponsorship of Phase 2 of our solar installation project.

Your commitment to sustainability and support for renewable energy initiatives is truly inspiring. We are one step closer to achieving our goals and making a positive impact on our community and the environment.



Resistoflex Pvt Ltd.

Resistoflex Pvt Ltd. has sponsored a project to offer free orthoses and prostheses to individuals with disabilities. This initiative has been a tremendous source of support for those who have lost hope. We are deeply grateful to the company for their commitment to helping people with physical challenges.



ART Housing Finance Pvt. Ltd.

The team from ART Housing Finance Pvt. Ltd. has completed a CSR project with KCND, assisting individuals with disabilities by providing artificial limbs and other supportive devices. They visited us on July 7, 2023, to meet with all the beneficiaries.



Helping Hands

SAKATA INX (INDIA) PRIVATE LIMITED

RESISTOFLEX
SINCE 1947
Vibration Shock Seismic Control

SANT SANGANERIA FOUNDATION
FOR HEALTH AND EDUCATION
A NON-PROFIT ORGANIZATION
SINCE 2003-HELPING THOSE WHO ARE IN REAL NEED
Formerly known as Sanganeria Foundation for Health and Education

Ultra International Limited
Fragrances, Flavours & Essential Oils

ART
AFFORDABLE HOUSING FINANCE



Moradabad Charitable Trust & Health
Research Centre



Inner Wheel Club of Sainik Farms



SWAYAM
CHARITABLE TRUST

New Initiative

Everyone deserves to live more!

One **Hand** One **Lac** One **Life**



New age, light in weight, and advanced
MYOELECTRIC prostheses with enhanced capabilities
and options for prosthetic gloves.

-  **Sensor Based**
-  **Less than 500 Grams**
-  **Adaptive Grasp**
-  **Water Resistant**
-  **12 Hrs Battery Life**

Prosthetic Hand “BioClasp”

We have taken the initiative to provide prosthetic hands to individuals who have lost their hands, in collaboration with Life and Limb Pvt. Ltd funded by IIT Kanpur. Initially, we are focusing on fitting fully functional prosthetic hands for four beneficiaries. KCND is seeking corporate and individual support to extend this assistance to more people in need.



Blind Women Training Program

We have recently started a training program for blind women on May 23, 2024 with the help of NAB India Centre for Blind Women. Initially, we have engaged two women who are undergoing instruction in manual exercises under the guidance of experienced Occupational Therapists and Physiotherapists at Cerebral Palsy Centre in KCND.





Statistical Report

Artificial Limb Centre

YEAR	PROSTHOSIS	ORTHOSIS	REPAIRED
2019-2020	175	2266	728
2020-2021	193	1125	559
2021-2022	328	1595	757
2022-2023	341	2170	888
2023-2024	299	2406	763
TOTAL	1336	9562	3695

ALC Centre- Gurugram

YEAR	PROSTHOSIS	ORTHOSIS	REPAIRED
2019-20	9	195	38
2020-21	9	112	24
2021-22	27	34	3
2022-23	6	122	17
2023-2024	9	120	36



Statistical Report

Physiotherapy Centre

YEAR	NUMBER OF BENEFICIARIES	NUMBER OF SITTINGS
2019-2020	692	5806
2020-2021	1007	6349
2021-2022	1945	9550
2022-2023	2544	17480
2023-2024	3083	15154
TOTAL	9271	54339

Physiotherapy Centre- Asaf Ali Road, Delhi

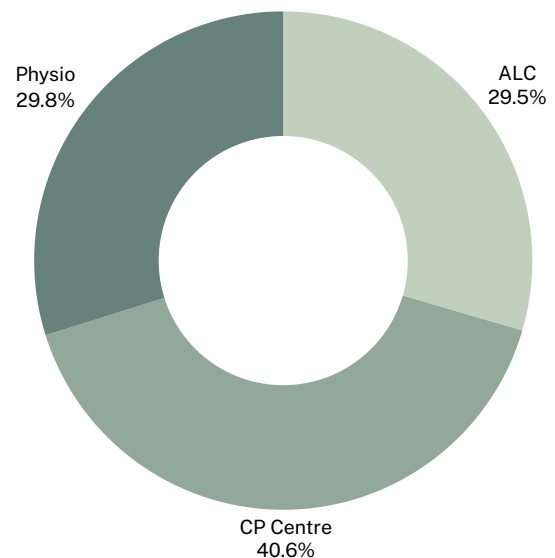
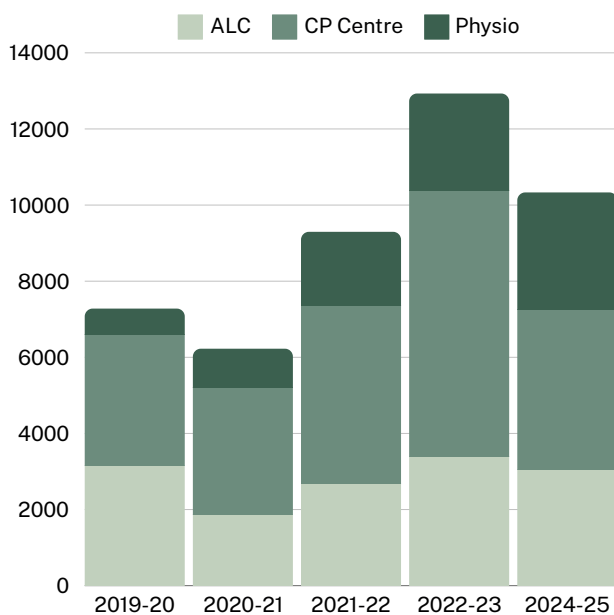
YEAR	NUMBER OF BENEFICIARIES	NUMBER OF SITTINGS
2020-2021	716	6184
2021-2022	692	5806
2022-2023	1007	6349
2023-2024	207	390
TOTAL	2622	18729

Statistical Report

Cerebral Palsy Centre

SERVICES	2019-20	2020-21	2021-22	2022-23	2023-24	TOTAL
	NO. OF PATIENTS/ SITTINGS	NO. OF PATIENTS/ SITTINGS	NO. OF PATIENTS/ SITTINGS	NO. OF PATIENTS/ SITTINGS	NO. OF PATIENTS/ SITTINGS	
OT/PT	925/3884	1852/9299	3033/12876	4572/21851	2785/14520	13167/62430
SPEECH THERAPY	591/2234	209/1780	481/3041	810/5107	857/4357	2948/16519
ADL ACTIVITIES	490/2487	178/747	163/891	306/1203	1052/4704	2190/10032
VIDEO EXERCISE	480/2402	261/927	109/539	140/598	162/487	1152/4953
SENSORY INTEGRATION	485/2487	468/2347	486/2710	726/4528	950/4079	3115/16151
COMPUTER TRAINING	448/2296	374/1852	400/2303	434/1904	509/2044	2165/10399
TOTAL	3419/15790	3342/16952	4672/22413	6988/35191	4198/9125	24737/120537

Total Number of Beneficiaries





YEAR IN GLIMPSES





YEAR IN GLIMPSES



Christmas
Celebration



Republic Day



Inner Wheel Club of Sainik Farms



Christmas Day



CSR Visit



T D Dhariyal, Commissioner PWD at KCND during Members Meeting



Medical Camp in J&K



President's Visit from Kiwanis International

“Happiness
doesn’t
result from
what we get,
but from
what we
give”



Kiwanis Club of New Delhi

(Kiwanis Artificial Limbs Rehabilitation & Research Centre)



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