

B-35, Qutab Institutional Area, New Delhi-110016

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# NEW YEAR... NEW PROGRAMME....! 'NEW INITIATIVE VOLUNTEER PROGRAMME'

Kiwanis is proud to share that we have started a new volunteer Internship Programme. In this internship, we are looking into collective experience of our Orthosis/Prosthesis Therapists and Physiotherapists to share their knowledge and experience to internees who want to serve the society. In this programme, Internees may not earn money but develop their knowledge, skills and experience. We expect to use this initiative programme to develop youth volunteerism among young adults.

currently we have 4 No. of Valunteer in KCND from different Universities. Youth volunteering engages, activates and mobilizes young people for the cause of social welfare. It helps young people to develop their professional and personal skills while giving them knowledge and unleashing their own desire towards society and allow them to play a positive and kindness role in society. Volunteerism is of great value for young people and society as a whole.



# STATICS REPORT FOR THE MONTH OF JANUARY 2021



# **ARTIFICIAL LIMB CENTRE**

ALC- JANUARY- 2021					
New Patients	Old Patients	New Prosthesis Provided	New Orthosis Provided	REPAIRED	Total Attended Patients
83	139	18	121	30	222

# **CEREBRAL PALSY CENTRE**

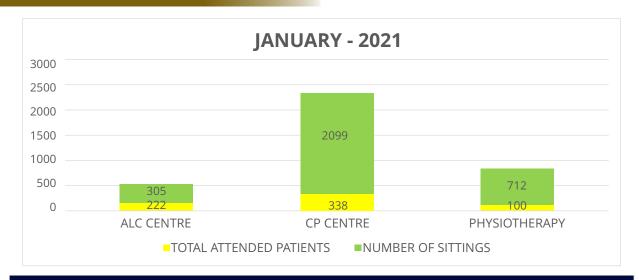
CP CENTRE-JANUARY- 2021				
Department	NEW PATIENTS	OLD PATIENTS	TOTAL NO. OF PATIENTS	TOTAL NO. OF SITTINGS
SPEECH THERAPY	15	13	28	241
PHYSIOTHERAPY	52	61	113	605
OCCUPATIONAL THERAPY	62	48	110	632
VIDEO EXERCISE	4	13	17	83
ADL ACTIVITIES	4	6	10	46
SENSORY INTEGRATION	12	18	30	258
COMPUTER TRAINING	11	19	10	234
TOTAL	160	178	338	2099

# PHYSIOTHERAPY CENTRE

PHYSIOTHERAPY- JANUARY 2021				
NEW PATIENTS	OLD PATIENTS	TOTAL NO. OF PATIENTS	TOTAL NO. OF SITTINGS	
49	51	100	712	



#### **DEPARTMENT'S GROWTH**



"We can do no great things, only small things with great love." - Mother Teresa



#### **CHIKITSA GURUGRAM & CHIKITSA NDRS**

KCND has two sub branches one is Chikitsa Dispensary in Gurugram, Haryana and second is Chikitsa NDRS opened in end of November' 2020 at Asaf Ali Road, New Delhi. A Physiotherapist, P&O and a technician visits to Chikitsa Gurugram on two alternate Tuesdays every month and A Physiotherapist, P&O and a technician visits to Chikitsa NDRS every Friday in a month. Response of Chikitsa NDRS is good as it is opened earlier, now People have come to know about Chikitsa NDRS.



KCND will try to connect/reach more and more people so that we can increase the number of patients at our both branch.

GURUGRAM - JANUARY - 2021					
New Patients	Old Patients	New Prosthesis Provided	New Orthosis Provided	REPAIRED	Total Attended Patients
3	8	3	5	2	11

NDRS - JANUARY - 2021 (ARTIFICIAL LIMB CENTRE)					
New Patients	Old Patients	New Prosthesis Provided	New Orthosis Provided	REPAIRED	Total Attended Patients
8	10	5	14	1	18

NDRS-JANUARY-2021 (PHYSIOTHERAPY)				
New Patients Old Patients Total Attended Patients				
12	7	19		

### **SUCCESS STORIES**



#### **AKJENA**

**A.K. Jena,** Principal Integrated Financial Advisor (Ministry of Defence) approached Kiwanis on 31/12/2020 to get relief from his ankle pain caused due to a slip down on an uneven surface in his office. While he visited, he had a very severe pain, because of which he was unable to either walk or perform any routine works.



Doctor advised him to take physiotherapy

sessions. He got Kiwanis reference from one of his friend. He came to Kiwanis for his Physiotherapy and Electrotherapy. In his words as quoted "I am really impressed that I am almost recovered from ankle pain within 7 days of my physiotherapy session. And of course not a single penny cost to me. I want to convey my heartiest best wishes to all the Kiwanis staff especially to Mr. Abhishek Shukla because of him only I am able to come out from that panic situation. Thanks a ton to Kiwanis club of New Delhi to provide such a wonderful services provided to a society without any cost."

#### **MUSKAAN DAHIYA**



Muskaan Dahiya, 11 year old girl from Harayana is a patient of Cerebral Palsy (CP) diaplegic came to Kiwanis in 2020. Due to spasticity in her lower limbs lot of stiffness was there. She was not able to either fold her knees or walk properly. A sincere efforts of our OT and PT teams and regular visits by Muskaan to the Kiwanis Centre for therapy session made lot of visible improvement in her. She is currently staying in Delhi with one of her relative for her treatment given by Kiwanis. Now her spasticity reduced and she is very well participating in ADL and group of activities organized every Saturday in Kiwanis CP Centre. We wish Kiwanis

vision and mission can improve Muskaan's life style one day. Small compliments from our patients and their guardians are the actual achievements for our team.

#### **SUCCESS STORIES**



#### **KANTI SAGAR**

Kanti Sagar, a 41year old patient working in Apeejay School in Accounts Department got poliomyelitis when she was 2 years old. She grew up with lots of struggle and challenges in her life like no support from her husband and in-laws. She is staying with her old age parents and 4 year old son.

She has to bear all the financial responsibilities also. She has been to several hospitals like AIIMS, Vimhans Jaipur foot etc. Long queue in the hospitals gave her frustration and it's all on paid basis. One day she got a reference of Kiwanis from one of her friend. She find everything perfect here like cooperative staff, best service provided by Mr. Rahul and Ms. Monica. And of course AFO provided absolutely free of cost. She is really impressed with Kiwanis selfless services and wants to convey best wishes and regards.



#### **HIGHLIGHTS**

#### **NOUSHERA CAMP JAMMU & KASHMIR**

To extend our services and utilize our skills, KCND has been organizing Artificial Limbs donation Camps in Noushera, Jammu & Kashmir every year and in continuation to this process we have recently organized another camp on 24th January, 2021. Mr. Rahul





Bansal (P&O) and two technicians Mr. Deepak and Mr. Prafull participated in that camp. The camp started on the prescribed date itself. Assessment and evaluation of patients were done by P&O Mr. Rahul Bansal. According to assessment prescription, our technician team prepared necessary prosthesis and orthotics. The total number of patients attended were 46.

# A GLIMPSE OF OUR ACTIVITIES





























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