



KIWANIS CLUB OF NEW DELHI

**ARTIFICIAL LIMB CENTRE
PHYSIOTHERAPY CUM PAIN CLINIC
CEREBRAL PALSY CENTER**

**NEWSLETTER
JULY 2020**

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KIWANIS DHARMAVIRA ARTIFICIAL LIMB CENTRE

KIWANIS CLUB OF NEW DELHI
ARTIFICIAL LIMB CENTRE
Foundation Stone
Laid by
Hon. Shri. K. M. Bhatnagar
New President, CP 2019-20
20
Phone No. 9-999



KIWANIS CLUB OF NEW DELHI

From the President's Desk



While we're still trying to find new ground and make sense of the newly established norms of maintaining social and physical distancing, we're constantly throwing back to more carefree times.

The Covid-19 Pandemic has brought us all in an unprecedented situation and we have challenging and uncertain times ahead. As we emerge from a long period of pause and gradually make our way back into a new socially distanced world, the call of the great outdoors has never been louder. Looking once again beyond the boundaries of our homes is refreshing and invigorating.

It's a very crucial time for our country as well as our Club. On the one hand, we have to prepare ourselves to conform to the new protocols of safety and hygiene and on the other, instill confidence among our patients.

I am proud of the fact that today Kiwanis Club is not only ensuring customized Prosthetic & Orthotic appliances and rehabilitation services free of cost to the poor and underprivileged patients, but also taking serious measures to safeguard the interests of its employees.


It is the outstanding clubs like Kiwanis Club of New Delhi that recognize the importance of adapting change and embracing it rather than falling prey to the strategic failures.

We will continue to embrace all the things that make our club what it is and add those characteristics that allow it to grow. It is our fervent hope that we would be able to implement our vision in the shortest possible time.

I look to each and every one of you to continue in our mission to "empower the communities to improve the world", by making lasting differences in the lives of poor and downtrodden.

Thank you for taking the time to read this message and please consider joining our Club as a way of supporting our community and demonstrating your commitment to doing philanthropy in the right spirit.

Make a Difference - Connect, Get Involved and Give Back!



Sant Sangneria
President

ABOUT KIWANIS

Kiwanis Club of New Delhi is affiliated to "Kiwanis International" USA. Kiwanis International was founded in 1915 by a group of businessmen in Detroit, Michigan, United States. The organization was originally called the Supreme Lodge Benevolent Order of Brothers, but changed its name to Kiwanis a year later.

Kiwanis International is a global community of clubs, members and partners dedicated to improving the lives of children one community at a time. Today, Its stand with more than 550,000 members from K-Kids to Key Club to Kiwanis and many ages in between in 80 countries and geographic areas. Each community has different needs, and Kiwanis empowers members to pursue creative ways to serve the needs of children, such as fighting hunger, improving literacy and offering guidance. Kiwanis clubs host nearly 150,000 service projects each year.

The name "Kiwanis" was coined from an American Indian expression, "Nunc Kee-wanis," which means, "We trade." In 1920, the motto of Kiwanis became "We Build." It remained the motto until 2005, when members voted to change it to "Serving the children of the world." In the early years, members focused on business networking but in 1919, the organization changed its focus to service — specifically service to children.

The latest motto of Kiwanis International is "Serving the Children of the World".



OBJECTIVE

The objectives of Kiwanis International are:-

- ➔ To give primacy to the human and spiritual, rather than the material values of life.
- ➔ To encourage the daily living of the “Golden Rule” in all human relationships. “Golden Rule” Do unto to others as you would like other to do unto you.
- ➔ To promote the adoption and application of higher, social business and professional standards.
- ➔ To develop by percept and example a more intelligent, aggressive and serviceable citizenship.
- ➔ To provide through Kiwanis Club a means to form enduring friendship to render altruistic service and build better communities.
- ➔ To co-operate in creating and maintaining sound public opinion and high idealism which makes possible increase of righteousness, justice, patriotism and goodwill.



BOARD OF DIRECTORS



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❖ Mr. Ravish Chopra	- Director	- choprar@hotmail.com

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❖ Mr. Ravish Chopra	- Director	- choprar@hotmail.com



Establishment of Kiwanis Club of New Delhi

Kiwanis Club of New Delhi is a charitable organization, was established in 1978 with Shri Dharma Vira, ICS as its President. Membership included Shri L P Gupta, Dr. Charat Ram, Dr. K K Modi, Dr. Bhai Mohan Singh amongst others. Shri R K Jajodia has been the prime mover of the Kiwanis movement in India and it is on his initiative that this Club was formed. Charter Certificate was presented to the Club on 4th August 1978 by the then President of Kiwanis International.

Kiwanis Bhawan was inaugurated by the then President of India, Hon'ble Shri K R Narayanan on 23rd December 2000.



MISSION

- ➔ To provide community service primarily for the under privileged, down trodden and needy individuals who are physically/mentally impaired.
- ➔ To Keep abreast of the developments taking place in the welfare activities of the poor and introducing such development into our working that fit in with the charter of providing all services “Free”.
- ➔ To treat the users of our services with respect and offer a pleasing and courteous environment.
- ➔ To provide services to everyone who approaches us without ant prejudice of caste, colour and creed.
- ➔ To be ethical in all transactions/ dealings with all individuals and organizations that interact professionally with us.



PROJECTS

Artificial Limb Centre (ALC)

Artificial Limb center in Kiwanis, first started its project in Delhi in 1999. It was setup with the primary objective of providing mobility aids e.g. Prosthesis, Orthosis appliances and Polio Callipers to the differently abled and underprivileged.

The main aim is to provide high quality and comfortable artificial limbs tailored to the individual need of every patient, free. For technical support the club entered in a collaboration with ALIMCO, Kanpur, which was appointed as our consultant for providing inputs pertaining to technology and manufacturing and Now, Its collaborated with VODA,

The Kiwanis Club of New Delhi has been engaged in it's core activity of providing Artificial Limbs to the physically challenged individuals. On an average, the Centre provides artificial limbs to over 200 patients per month, thus helping them to regain mobility and self-reliance. The Kiwanis Club has also setup satellite artificial limbs centres at Gurgaon in collaboration with Chikitsa Dispensary.



Cerebral Palsy Centre (CP)

Artificial Limb Centre (ALC)

Kiwanis, Cerebral Palsy Centre, established at Kiwanis Bhawan, which provides care and treatment for individuals affected by Cerebral Palsy (CP). It is a non-progressive Neurological disorder which affect movements, speech, posture and other basic functions. CP is caused by brain and nervous system damage, sustained before birth, during labour or shortly after child birth. Depending upon the area, and the extent of the damage, symptoms may include spasms, ticks, gait abnormalities, seizures and poor muscle tone. Eye sight, hearing, speech and intellect may also be affected. Most of the causes of CP do not have specific curative treatments. However, children suffering with CP present many medical problems that can be treated / prevented. The initial stage of treatment involves examination by interdisciplinary team of doctors' e.g Paediatrician, Neurologist, Psychologist, Orthopedic Surgeon, Speech Therapist, and Occupational Therapist. Presently the CP Centre at Kiwanis Bhawan attends to an average of 260 cases per month. The Kiwanis Club of New Delhi has 2 specialists' doctors for the same.

It is not possible to cover all these specialties at Kiwanis Bhawan. We have at present a Pediatrician/Neurologist, Occupational Therapist, Speech Therapist and Special Educator at Kiwanis Bhawan. However, we have made arrangements for our CP patients to be examined by the required specialists at other hospitals / centres. The Kiwanis Club also provides training of parents / care takers who are made to understand and treat the specific requirements of their wards.



Departments of CP Centre



- Occupational Therapy • Speech Therapy
- Physiotherapy • Sensory Integration
- Video Game Exercise • Computer Training

Physiotherapy Department

The Kiwanis Club of New Delhi is also running a Department of Physiotherapy to provide the required treatment. The Department of Physiotherapy was established on the occasion of Silver Jubilee celebration of Kiwanis Club of New Delhi In collaboration with Help Age India.

The Physiotherapy and Pain Clinic was inaugurated by Smt Sheila Dixit, Hon'ble Chief Minister of Delhi on 30th September 2003.

The Pain cum Physiotherapy clinic provides treatment to the patients suffering from "Musculo – Skeletal" disorder like back pain, cervical pain, joints pain, spondylitis, arthritis, frozen shoulder, tennis elbow etc, and gait training for amputees as well as hemiplegics arising out of stroke.



Education, Women Empowerment and skill development by Kiwanis Club of New Delhi (Ladies)

Kiwanis Club of New Delhi supports the Sister Club “Kiwanis Club of New Delhi (Ladies)”, in its efforts to address the welfare of women and children from economically weaker sections. We not only provide the ladies club with accommodation, to run their programmes but also support them financially. Their many programmes are focused to benefit women and children with major emphasis on making them economically independent and contributors to the family budget.

Kiwanis Club of New Delhi (L) had received its charter certificate on 6th June 1999.

They are imparting training in the following skills and disciplines-

- (a) Sewing / stitching and garment fabrication.
- (c) Beauty parlour training .
- (d) Basic computer training.
- (e) English speaking.

It is heartening to note that all the graduates from the above courses have been beneficially settled, some as entrepreneurs and others in well-paying jobs.



ACTION FOR COVID-19

KCND has actively played their role during this pandemic on variegated way and it has continued their social responsibilities towards underprivileged and downtrodden.

- ❖ Some key works and facilities are as follows
- ❖ Food & Essential item distribution for those affected by the COVID-19 (daily wager, rickshaw puller, migrant worker, children homes, orphanages etc.) with the help of Delhi Police.
- ❖ Online counselling & support to our patients.
- ❖ Face shield and Face mask making and free distribution to Delhi's Corona Warriors.
- ❖ Donation – PM CARES fund.



STATICS REPORT

ARTIFICIAL LIMB CENTRE

ALC-JULY 2020					
NEW PATIENT	OLD PATIENT	NEW PROSTHESIS PROVIDED	NEW ORTHOSIS PROVIDED	REPAIRED	TOTAL ATTENDED PATIENTS

CEREBRAL PALSY CENTRE

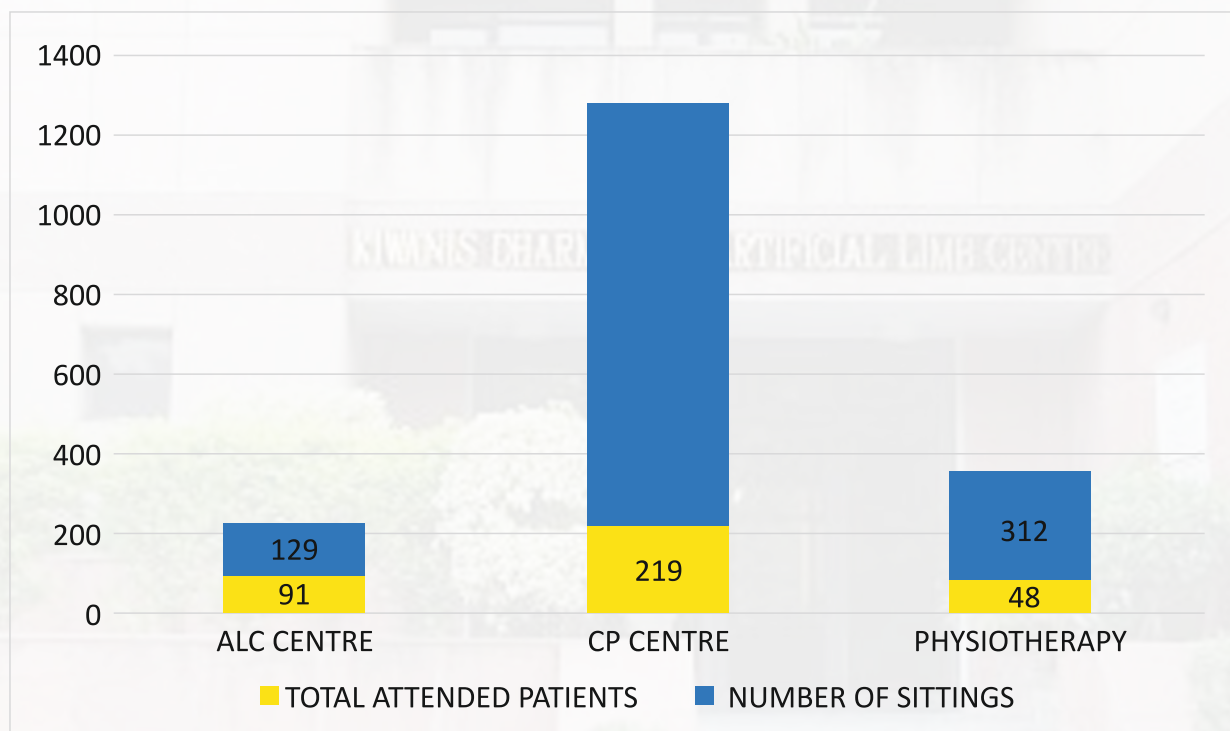
ALC-JULY 2020				
DEPARTMENT	NEWS PATIENTS	OLD PATIENTS	TOTAL NO. OF PATIENTS	TOTAL NO. OF SITTINGS
SPEECH THERAPY	3	6	9	85
PHYSIOTHERAPY	42	28	70	337
SENSORY INTEGRATION	22	48	70	321
VIDEO EXERCISE	0	0	0	0
OCCUPATIONAL THERAPY	22	48	70	321
	89	130	219	1064



PHYSIOTHERAPY CENTRE

PHYSIOTHERAPY-JULY 2020			
NEW PATIENTS	OLD PATIENTS	TOTAL NO. OF PATIENTS	TOTAL NO. OF SITTINGS
23	25	48	312

DEPARTMENT'S GROWTH



You must not lose faith in humanity. Humanity is an ocean. If a few drops of the ocean are dirty the ocean does not become dirty”- Mahatma Gandhi





SUCCESS STORIES

SUBHASINI BEHRA

Subhasini Behra is a 54 years old patient, resident of Katwaria Sarai, New Delhi. She had suffered from a stroke, impacting her life in distinct ways. She faced difficulties with regard to simple ADLs (Activities of Daily Living) such as wearing clothes, using washrooms etc and even unable to walk on her own. Furthermore, her financial condition led to depression. She was not financially strong to get proper treatment & therapy and also she didn't get any support from others. However, her life took a turn when she approached Kiwanis Club of New Delhi, for free treatment on 29 Jan 2020.

With the expert guidance of our Occupational Therapy and Physiotherapy team and of course with her own sincere dedication, we have witnessed a remarkable change in her life.

She is now able to perform most ADL activities. In fact, unlike before instead of depending on her son and her husband, she comes to the centre for treatment independently every day and happy with her own abilities. She was one of the most curious patients to know the opening date of Kiwanis during the lockdown.



SUCCESS STORIES

ANANYA PHILIP



Ananya Philip is a 4 years old girl resident of R K Puram New Delhi, with GDD (Global Development Delay) by birth. She was totally bedridden for two consecutive years. Her parents have lately recognized that she has GDD issue and they tried their best to improve her condition. Her father is a driver, he was not able to continue the highly expensive treatment for Anaya. Her parents got information about us from their friend circle and then ononwards they have regularly been consulting us for therapy.

Before visiting us, Ananya was unable to sit or stand on her own. Now, she has completed two years of therapy with our expert OT/PT teams and has developed a perfect grip. Her speech has also cleared relatively. Now, she can sit and stand without any support. Her parents are hopeful of her having a

chance at growing up normally after the progress that they have witnessed.

We are very proud of her progress and also thankful for all supporters of Kiwanis.

Mr. Bhanu Tyagi is a 19 years old teenager who belongs to Meerut, Uttar Pradesh, India.

He has lost his right leg in a train accident in November 2017. He was very disappointed with his injury which had happened in his young age. This accident has erased all ray of hopes of him to build a bright future. Now, he got his Artificial Leg at Kiwanis Artificial Limb Centre for free of cost and started the new journey of life. He believes that KCND has given him a new life.

ANANYA PHILIP



SUCCESS STORIES

KAPINDER YADAV

Kalpinder Yadav is a 40 years old man, resident of Faridabad. He lost his one leg during a truck accident in Delhi few years ago. He has 4 young children. He felt suicidal and unsure about his future when the accident happened. Recently, he got information about Kiwanis Artificial Limb Centre from his friend and he came here with many hopes and beliefs. Finally, he got his artificial leg at Kiwanis Artificial Limb Centre and now he is able to walk independently without any support.

He expressed his well wishes towards Kiwanis and said that he has purchased an auto rickshaw and living his life with dignity now. He's happy to see himself to be able to walk independently, earn a living to facilitate his kid's education and do so many things which he was otherwise unable to do, after the accident.



SUCCESS STORIES

ANANYA PHILIP

Since long back, KCND has provided different therapies and exercises to Cerebral Palsy (CP) kids. Now, we have taken a small step ahead to enhance the learning skills of CP kids with the help of Kiwanis Medical team. We have started a special session for the CP kids once in a week, which would be the part of Play Therapy. Play Therapy helps improve communication skills, cognitive skills, gross motor skills, and fine motor skills. It encourages the child to think, explore, socialize, and move around in a fun way where they're in control of their environment.



ACTION FOR COVID-19

KCND has tried to make safe & secure workplace free from Coronavirus by taking all precautions according to the Ministry of Health and Family Welfare, Government of India. We are making Face Shield and Face Mask with the help of Kiwanis Club of New Delhi (Ladies) for our patients/visitors and employees and also distributing to Delhi's Corona Warriors. We have sent the handmade face Shield and Face mask on following



KIWANIS SALUTES THE CORONA WARRIORS

- | | |
|--------------------------------|--------------------------------------|
| 1) Kishangarh Police Station | 4) Widow and old age pension office. |
| 2) Vasant Kunj Police Station | 5) St. Stephan's Hospital. |
| 3) Vasant Vihar Police Station | 6) Medeor Hospital |



FREE TESTING OF COVID-19 FOR ALL

EMPLOYEES / VISITORS/ PATIENTS

employees of Kiwanis Club alongwith few of its patients/visitors has participated in Free Rapid Testing for COVID-19 that was conducted at Medeor Hospital. By God's grace, nobody was tested positive. We are really blessed and thankful to all supporters and well-wishers of Kiwanis.



GLIMPSE

PATIENT CARE



FACE MASK MAKING



SAFETY INSTRUCTIONS

SAFETY INSTRUCTIONS



THANK YOU

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